

## WCIM 2017

### Pre-congress workshop 12

Visit of Gemeinschaftskrankenhaus Havelhoehe: Anthroposophic medicine in workaday life for patient centred care in a capital town'

Programm 3<sup>rd</sup> May 2017, 8:00 – 12:45 a.m

|                    |   |   |
|--------------------|---|---|
| 8:00               | Bus departure at congress hotel<br>Maritim proArte Hotel, Friedrichstr. 151   |   |
| 8:45am-9:45 am     | Welcome, presentation of the clinic<br>Change management, self governing concept,<br>economic situation, oncologic centre   | Prof. Dr. Harald Matthes<br>Dr. Friedemann Schad  |
| 09:45 am-10:00 am  | Coffee break  |   |
| 10:00 am -11:45 am | Guided tours through Havelhöhe (in parallel)  |   |
| <b>Tour 1</b>      | <b>Cardiology</b><br>Visit of intracardiac catheter, cardiac MRI, painting therapy, cardiology ward and anthroposophic nursing applications (live-demonstration), visit of the intensive care unit (short presentation of the anthroposophic therapy modul day-/nigt rhythm), cardiovascular exercises group, ('Heart school'): patient report, eurythmy therapy, | <b>Dr. Andreas Fried</b><br>Dr. Jan Guggemoos<br>Sabine Klitzke-Pettener<br>Katia Kuhlow<br>PD Dr. Matthias Kröz<br>Sophia Prange |
| <b>Tour 2</b>      | <b>Integrative oncology and oncologic center</b><br>Painting therapy, visit of the ward 'early palliative care', center for tumor treatment, Research institute Havelhöhe, oncology ward, anthroposophic nursing applications (live-demonstration)  | <b>Dr. Friedemann Schad</b><br>Sabine Klitzke-Pettener<br>Doris Rapp<br>Antje Merkle  |
| <b>Tour 3</b>      | <b>Integrative psychosomatic medicine (incl. addiction medicine), integrative pain medicine</b><br>Therapy approach to psychosomatic disorders<br>Visit of the inpatient ward and the psychosomatic dayclinic, anthroposophic nursing applications (live-demonstration), multimodal pain therapy, music therapy   | <b>Silke Biesenthal-Matthes</b><br>Stefan Dörner<br>Dr. Sven Sommer<br>Stephan Kühne<br>Antje Protze                              |
| <b>Tour 4</b>      | <b>Gastroenterology / Functional diseases</b><br>Therapy approach to functional diseases<br>music therapy, visit of gastroebterology ward, endoscopy, anthroposophic nursing applications (live-demonstration), clay modeling, eurythmy therapy   | <b>Prof. Dr. Harald Matthes</b><br>Stefan Kühne<br>Sabine Klitzke Pettener<br>Nadine Seidler<br>Wilma Erythropel                  |
| 12:00              | Bus departure (Lunchbox provided)   |   |
| 12:45              | Arrival at WCIM-Congress Hotel Maritim pro arte   |   |