

WORLD CONGRESS INTEGRATIVE MEDICINE & HEALTH 2017

10th ECIM & 12th ICCMR Congress
Berlin, Germany May 3-5th 2017

THE FUTURE OF COMPREHENSIVE PATIENT CARE
Strengthening the Alliance of Researchers,
Educators and Providers.



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Greeting

Dear participants,

„Freedom is not the option to act arbitrarily, but the capability to act reasonably.“ This is a quote by Rudolf Virchow, a physician and researcher who pursued a scientific approach of medicine. Today he is considered to be one of the forefathers of traditional medicine.

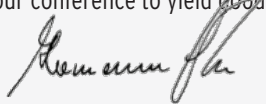
In my view, Virchow's quote marvellously matches the World Congress Integrative Medicine & Health. It is the therapeutic freedom of doctors and thus a therapy that is tailored to the specific needs of individual patients which both contribute to providing the best possible treatment for people in the case of illness. Against this background, it is not a taboo to think outside the box: More and more often, methods of complementary medicine are also applied to support the success of a treatment by conventional medicine.

In addition, methods of alternative medicine are widely accepted by the population at large: Surveys have shown that many people in Germany make regular use of natural medicine and alternative medicine.

Even the statutory health insurance funds increasingly acknowledge the approach of complementary medicine. As the example of acupuncture has shown, the treatment methods outside classical conventional medicine may essentially contribute to a quality-oriented, cost-competitive and at the same time humane health care. In 2006 acupuncture was included in the catalogue of benefits and services of the statutory health insurance, after reliable studies confirmed its usefulness in certain fields of treatment.

One of the envisaged goals of your World Congress Integrative Medicine & Health is to further improve holistic patient care by integrating methods of complementary medicine. The international group of participants provides the ideal prerequisites for an extensive and certainly insightful exchange on the current state of Integrative Medicine - remaining true to the spirit of Virchow who held the view that there was nothing more practical than a good theory.

I wish your conference to yield good results!



Hermann Gröhe
Federal Minister
Member of the German Bundestag



Supporter Guide

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Greeting

Dear colleagues and congress participants,

As congress presidents, we welcome you to the World Congress on Integrative Medicine & Health 2017 that takes place in the city of Berlin, Germany on May 3 - 5, 2017. The Congress will be the most comprehensive forum in the field of complementary and Integrative Medicine worldwide in 2017.

This meeting is convened by the European Society of Integrative Medicine (ESIM) and serves as the 10th European Congress for Integrative Medicine and the 12th International Congress on Complementary Medicine Research sponsored by the International Society for Complementary Medicine Research (ISCMR). This Congress is conducted in association with a number of international organizations including the Academic Consortium for Integrative Medicine and Health (ACIMH) in North America and others from around the globe. We are excited that over 800 researchers, clinical providers, educators, medical students, and policy makers will be coming to Berlin to participate in this event.

The main Congress themes are Research, Clinical Care, Education, Traditional Healing Systems, and Medicine and Arts. The Congress features excellent keynote speakers with expertise in the field, high quality interactive sessions and a large number of oral and poster presentations on science and medical practice on Integrative Medicine and health, which will provide participants with a comprehensive overview of the current state of the science and important perspectives regarding best practices in integrative patient care. The Congress is also a wonderful opportunity to network with colleagues from around the world and explore new collaborations.

We are very grateful to the cooperation of key scientific and clinical societies, the generous support of important foundations and companies, and to the diligent work of the abstract reviewers who helped develop a scientifically robust program. And we would like to thank the local organizing team, the dedicated successful work of the Congress office and especially, the Congress secretary, Mrs. Margit Cree.

We are also particularly grateful to the International Organizing Committee consisting of 17 experts from around the world and to the 5 program theme sub-committees involving most highly regarded clinicians, educators, and researchers in their respective fields. With the guidance of these colleagues, the **Berlin Agreement** was developed to extend the scope and objectives of the World Congress on Integrative Medicine & Health 2017 to a concrete set of personal and societal goals that will advance patient care around the world. You will find the text of the Berlin Agreement below.

We wish you successful, amicable, and inspiring days in Berlin.

Greeting



Benno Brinkhaus MD
Berlin, Germany



Torkel Falkenberg, PhD
Stockholm, Sweden



Aviad Haramati, PhD
Washington, USA



**Stefan Willich,
MD, MPH, MBA**
Berlin, Germany

The Berlin Agreement

The Berlin Agreement: Self-Responsibility and Social Action in Practicing and Fostering Integrative Medicine and Health Globally

April 5, 2017

Introduction

Faced by multiple challenges, including the rise of chronic, lifestyle related diseases, and grossly inequitable access to healthcare, we are committed to achieving the Sustainable Development Goals 2030 to foster healthy lives and promote well-being for all ages. We are part of a global movement to orient care, and the education, research and policy that support it, toward a model that draws on biomedical, complementary and traditional medicine practices and respects multiple philosophies. This approach to medicine and healthcare:

“ ... reaffirms the importance of the relationship between practitioner and patient, focuses on the whole person, is informed by evidence, and makes use of all appropriate therapeutic and lifestyle approaches, healthcare professionals and disciplines to achieve optimal health and healing.”¹

Our work stands on that advanced in 1978 at the Alma-Ata Conference that mobilized a movement for primary healthcare for all and officially declared the importance of integration of effective traditional practices to promote global health. Today, the World Health Organization (WHO) advocates universal health coverage and integration of safe and effective traditional providers and complementary services into health service delivery, as well as self-care practices. These are key objectives of the WHO's traditional medicine strategy 2014-2023. We also affirm our alignment with the declarations from Beijing in 2008 and Stuttgart in 2016 and fully support calls on governments and non-governmental agencies to adopt, support, fund, research and promote activities that advance evidence informed integrative care models.

With this Berlin Agreement we call on ourselves as individuals to engage, to the best of our abilities, in the following:

Model Health

Recognizing that our ability to impart and enhance health and well-being is not only performed by a social and professional health practice, but is also informed by our own self-care and resilience, we strive to model personal engagement in health-creating practices.

■ The Berlin Agreement

Engage Patients

Knowing that the most important strategy for fostering health is to engage patients in better lifestyle choices, we seek to develop our skills to activate patients to be self-responsible, to strengthen their resilience, and become captains of their own healing processes.

In respect for the importance of natural processes as guides for enhancing well-being, we educate and stimulate patient understanding of, and participation in, efforts to protect and sustain the natural environment.

Promote Interprofessionalism and Team Care

Knowing that no single type of practitioner has all the answers that can be useful to a given patient, we individually seek to develop quality relationships with members of other disciplines and professions to guarantee that we can quickly connect patients to the right services from the right practitioners and right professions at the right time;

Aware that such care may be provided via knowledge or practitioners from multiple global healing traditions, we personally commit to continuously broadening our understanding, awareness and engagement with other fields and resources.

Recognise the Importance of Traditional Medicine in Global Healthcare

Given that traditional medical products, practices and practitioners are the main access to healthcare in most regions of the world, we highlight the importance of global investment to systematically develop best practices in these diverse systems that supports their safe and effective use and integration with biomedical practices.

Commit to Evidence-Informed Dialogue and Practice

Aware that a substantial portion of what is done in medicine and healthcare lacks a quality evidence base, we personally seek ever more effective ways to end polarizing dialogue and to stimulate collaboration in our collective ability to research, create and operationalize optimal evidence informed integrative care.

Foster Whole Systems Research

Committed to practices that respect the whole human being through use of diverse modalities and often through teams of practitioners, we personally champion development of methods, funding, and dissemination of research that address chronic diseases from multiple etiologies and treatments that often are best resolved through whole person and whole systems approaches.

The Berlin Agreement

Aware that questions related to cost are often an obstacle to the system-wide implementation of these models and thus access to these services, we will personally endeavor to support heightened focus on research that includes the economic dimensions of integrative models of care.

Stimulate Collaboration

Given the limitations and harm that can emanate for professions and stakeholders operating in isolation, we challenge ourselves individually, and within our own professional organizations and institutions, to commit to programs and projects that stimulate increased respect, collaboration and understanding across disciplines, traditions, professions, and stakeholders.

Bridge Clinical Care with Prevention, Community and Public Health

Knowing that clinical medical interventions represent but 10%-20% of the factors that shape the health of a community, we actively engage in creative methods to deepen the preventive and lifestyle dimensions of our individual practices while also connecting our practices and patients to community and public health resources.

Engage as Change Agents

Recognizing that imbalances in social, environmental, economic and political structures are major influences in the health of citizens, we seek to foster more equitable communities and societies.

To better empower our own work, we seek to expand our abilities to work closer and more constructively with other professions, government agencies, non-governmental organizations, private and not for profit businesses, patients and other stakeholders in advancing integrative health and medicine.

Through engaging these personal and social responsibilities, we will improve individual patient care and positively influence the preconditions of healthcare systems, locally and globally, to achieve optimal health and healing in the individuals, communities and planet we serve.

¹ Definition of Integrative Medicine and Health. Academic Consortium for Integrative Medicine and Health (www.imconsortium.org)

■ The Berlin Agreement

This agreement was developed by the Congress Presidents (B. Brinkhaus (Germany), A. Haramati (USA), T. Falkenberg (Sweden) and S.N. Willich (Germany) with J. Weeks (USA) and the other members of the International Organizing Committee (A.M.N. Al-Bedah (Saudi Arabia), H. Boon (Canada), P.A. Caceres Guido (Argentina), M. Khalil (Saudi Arabia), M.S. Lee, (Korea), C.A. Lin (Brazil), J. Liu (China), E. Schiff (Israel), A. Steel (Australia), R. Street (South Africa) and K. Watanabe (Japan) of the World Congress on Integrative Medicine and Health 2017 in Berlin and is supported by several societies such as the e.g.

- European Society of Integrative Medicine (EU)
- Academic Collaborative for Integrative Health (USA)
- Integrative Health Policy Consortium (USA)
- Academy of Integrative Health and Medicine (USA)
- Academic Consortium for Integrative Medicine & Health (USA)
- Umbrella Association of Austrian Doctors for Holistic Medicine (AUT)
- Association of Anthroposophic Physicians in Germany (Germany)
- Interprofessional Organization for Anthroposophic Medicine (Germany)
- German Physicians Society of Osteopathy (Germany)
- International Society for Chinese Medicine (Germany)
- German Physicians' Association for Ayurvedic Medicine (Germany)
- The Society of Complementary Medicine in Israel (Israel)
- German Association of Homeopathic Physicians (Germany)
- Latin American Society of Phytomedicine (Latin America)
- Argentine Council of Osteopaths - Registry of Osteopaths (Argentina)
- First Ayurveda Health Foundation (Argentina)
- Spanish Federation of Integrative Medicine (Spain)

as well as individual clinicians, researchers, educators and policy-makers.

General Information

■ Congress Presidents

Prof Dr Benno Brinkhaus

Charité - Universitätsmedizin Berlin
Berlin (Germany)

Prof Dr Torkel Falkenberg

Associate Professor Torkel Falkenberg,
Karolinska Institutet (Sweden)

Prof Dr Aviad Haramati

Georgetown University, School of Medicine
Washington DC (US)

Prof Dr Stefan N. Willich

Charité - Universitätsmedizin Berlin
Berlin (Germany)

■ Venue

Maritim proArte Hotel Berlin
Friedrichstr. 151
10117 Berlin (Germany)

■ Official Language

English

■ Organisation

Institute for Social Medicine,
Epidemiology and Health Economics
Charité - Universitätsmedizin Berlin

■ Secretariat of the Congress

Margit Cree

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Fax: +49 (0) 30 450 529 918

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■ Media Reception

Papers for the WCIMH 2017 will not be accepted unless presented in the form of a PowerPoint presentation. Please save your presentation on an USB stick, and bring it to the conference. This year there will be no central transfer of

electronic material. You can load your presentation directly onto the computers in the respective rooms. With this in mind, please be present in the respective room 20 minutes before the session begins. The congress staff will be of assistance when needed. Your presentation will be deleted from the computer after completion of the session.

Please note: In order to avoid delay in the order of events, the use of personal note books is **not** allowed. Equipment for projection and computers is available in every conference room.

■ Internet Access

Participants who booked a room at the congress venue will have internet access via their room code. Other participants can purchase WLAN cards for 5,00€ at the hotel registration (only a limited amount available).

■ Abstract Issue

The abstracts will be published online in the journal BMC Complementary and Alternative Medicine. You'll find the link for download on our homepage prior to the congress.

■ Participant Registration

■ Regular Fee Schedule

	Early Registration		Standard Registration		Registration On Site	
	Permanent Ticket	Day Ticket	Permanent Ticket	Day Ticket	Permanent Ticket	Day Ticket
Physicians, Scientists regular	590 €	210 €	680 €	230 €	780 €	260 €
Physicians, Scientists (reduced fee for members ISCMR/ESIM/DÄGFA)	472 €	210 €	545 €	230 €	625 €	260 €
Students/other health care professionals	190 € *	160 €	240 €	170 €	290 €	190 €

*Reduced fees apply only after supporting documentation has been received by the congress administration.

Congress registration provides access to congress materials, official congress scientific sessions, coffee breaks and light lunch on Thursday and Friday, as well as the Guided Poster Sessions and Exhibits.

■ Continued Medical Education Credit Points

The Berlin Chamber of Physicians will certify participation in the World Congress Integrative Medicine and Health 2017 by granting 6 CME points in category B for every congress day. If you are a member of the German Physician Chamber please sign each day in the attendee lists, which are available at the registration desk and paste your barcode label onto it.

■ Information for Poster Presenters

Accepted posters will be available for viewing for the congress public in the poster exhibition area during the Guided Poster Sessions. A poster plan is available at the congress registry.

If your poster is assigned to this date...	You must hang it up between:
Wednesday May 3, 2017, 18.00-19.00 pm	08:00 - 17:30 pm, disposal no later than 20:00 pm
Thursday May 4, 2017, 12.00-13.00 pm	08:00 - 11:30 pm, disposal no later than 18:30 pm
Friday May 5, 2017, 12.00-13.00 pm	08:00 - 11:30 pm, disposal no later than 18:30 pm

Posters not removed will be kept by the room personnel until the end of the congress day and will be disposed off after that. Please also observe the maximum poster dimensions: 90 cm wide ± 120 cm high. A poster panel of its own will be provided for every poster, showing the poster number as indicated in the program in the upper left-hand corner. Material for securing posters will be available in a sufficient quantity on site. No securing material of your own is allowed. Please hang your poster up 10 min before the session starts and remove it after the session.

Participant Registration

Please be present next to your poster during the guided poster presentation session you have been assigned to, to give explanations and participate in discussions during this time. Every author has been allocated 3 min for presenting their poster and 2 min for discussion. Therefore, the chairmen are asked to observe the presentation time strictly and we will encourage all chairmen to interrupt the presentation if the time is over.

■ Certificate of Attendance

You will receive your Certificate of Attendance via email on request after the congress.

■ Opening Hours Participant Registration

Wednesday May 3, 2017	07:30 - 19:00
Thursday May 4, 2017	07:30 - 18:30
Friday May 5, 2017	07:30 - 18:00

Local Organizing Committee

Margit Cree (Congress secretary)

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Lena Bandelin

PD Dr Anne Berghöfer

Anika Hartmann

Ralf Krause

Anna-Lena Lang

Dr Miriam Ortiz

Tatjana Ossowski

Dr Daniel Pach

Ana Pimpao

Dr Michael Teut

all

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Epidemiology and Health Economics
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Dr Wolfgang Weidenhammer

TU München (DE)

Time	Main auditorium (Saal A, B, C)		Salon 1	Salon 2	Salon 3
08.30-10.30	Qualitative research methods in complementary and integrative medicine	Getting your work published tips from editors	Ayurveda in Europe what's needed when healing tradition travels abroad?	Refugees with chronic diseases between the Middle-East and Europe: the role of traditional and integrative medicine in bridging gaps Part I	Implementing skills from hypnosis and touch therapies to improve doctor-patient communication
10.30-12.30	Horizon 2020 - networking and creating working groups	Herbal medicine research: from margins to mainstream	Developing pre-residency core entrustable professional activities in integrative medicine: a skills-based workshop for medical educators and students	Refugees with chronic diseases between the Middle-East and Europe: the role of traditional and integrative medicine in bridging gaps Part II	Integrative Korean medicine treatment for the management of pregnant women's health: Korean medicine approach
12.30-14.00	Lunch on own				
14.00-16.00	Opening meditation/Congress opening/Musical opening Minister of Health (greeting), Dean Charité, Willich (WCMH 2017), Fønnebø (ISCMR), Chan video greeting (WHO) Plenary session I Traditional Healing Systems Chairs: Brinkhaus, Falkenberg Briggs (NCCIH), Willcox (Oxford Univ.) Heel Research Prize				
16.00-16.30	Coffee break and exhibition Saal II, Foyer				
16.30-18.00	Symposium Yoga in therapy and prevention	Oral abstract presentations Research 1 Herbal med.&various topics	Symposium Procedural anxiety	Discussion How to prioritise trad. treatment for further research	Symposium Research in arts therapies
18.00-19.00	Guided poster session I, Dorotheensaal/Saal II				
19.00	Get together (Checkpoint Bar, Hotel)				

Education	Clinical care
Plenaries	Trad. healing systems
Research	Medicine and arts

Time	Salon 4	Salon 5	Salon 6	Salon 7	Dachsalon
08.30-10.30	A comprehensive integrative approach to the management of chronic pain	Developing clinical clerkships in integrative medicine	Differentiating the psychological and physiological mechanisms of relaxation versus mindfulness: An experiential workshop and clinical implications	Home remedies from all over the world - evaluation and education	
10.30-12.30	Meditation and medicine investigating the underlying laws and forces	Workshop Ometzo therapy	Personalizing health and care for a new integrated chronic care model in diabetes care	Introduction to osteopathic medicine - a hands-on workshop	
12.30-14.00	Lunch on own				
14.00-16.00					
16.00-16.30	Coffee break and exhibition Saal II, Foyer				
16.30-18.00	Symposium Implementing MBM program into health prof. curriculum	Oral abstract presentations Clinical Care	Workshop Chinese Medicine (SMS)	Students/young doctors Integrative medicine - hands on workshop	Oral abstract presentations Various topics
18.00-19.00	Guided poster session I, Dorotheensaal/Saal II				
19.00	Get together (Checkpoint Bar, Hotel)				

Education	Clinical care
Plenaries	Trad. healing systems
Research	Medicine and arts

Time	Main auditorium (Saal A, B, C)	Salon 1	Salon 2	Salon 3
07.30-8.30				
08.30-10.00	Plenary session II Research/Chair Brinkhaus, Witt Moore (Southampton Univ.), Linde (TU München)			
10.00-10.30		Coffee break and exhibition Saal II, Foyer		
10.30-12.00	<div>Discussion Planning and successfully conducting clinical trials</div> <div>Oral abstract presentations Research 2 MBM</div> <div>Workshop Heel Infiltration Techniques</div> <div>Discussion Operationalizing WHO guidelines for TCM</div> <div>Workshop Performing arts medicine</div>			
12.00-13.00		Guided poster session 2, Dortheensaal/Saal II		
13.00-14.30	<div>Symposium by Weleda</div> <div>Lunch break</div> <div>EUJIM board meeting</div>		Lunch break	
14.30-16.00	<div>Symposium Integrative gastroenterology</div> <div>Oral abstract presentations Research 3 complex interventions</div> <div>Discussion Development of a framework to support critical enquiry</div>		Symposium Globalisation of trad. healing systems	Workshop Using art to enhance observation skills
16.00-16.30		Coffee break and Exhibition Saal II, Foyer		
16.30-18.00	Plenary session III Arts and Medicine/ Chair Willich, Fattorini Wong (Harvard Med. School), Theorell (Stockholm Univ., Karolinska Institutet) Announcement next congresses			
18.00				
18.30		Bus to social evening (Wasserwerk)		
19.00		Social evening (Wasserwerk)		

Education	Clinical care
Plenaries	Trad. healing systems
Research	Medicine and arts

Time	Salon 4	Salon 5	Salon 6	Salon 7	Dactsalon	Dorotheensaal Souterrain
07.30-8.30						ICMR anual general meeting
08.30-10.00						
10.00-10.30		Coffee break and exhibition Saal II, Foyer				
10.30-12.00	Symposium Acupuncture (DÄGfA)	Symposium Update on integrative pediatrics	Workshop Learning the skills to manage stress	Students/young doctors Comparing medical student integrative medicine curricula from around the world	Symposium Kampo Medicine	Symposium Integrative oncology (Anthro.)
12.00-13.00	Guided poster session 2, Dorotheensaal/Saal II					
13.00-14.30	Lunch break					
14.30-16.00	Symposium Ayurveda	GMA meeting	Oral abstract presentations Education	Students/young doctors Integrative medicine online	Discussion Future collaborative research on complementary medicine in Europe	Symposium homeopathy (DZVhA)
16.00-16.30						
16.30-18.00			Coffee break and exhibition Saal II, Foyer			
18.00						
18.30			Bus to social evening (Wasserwerk)			
19.00			Social evening (Wasserwerk)			

Education	Clinical care
Plenaries	Trad. healing systems
Research	Medicine and arts

Time	Main auditorium (Saal A, B, C)	Salon 1	Salon 2	Salon 3
07.30-08.30				
08.30-10.00	Plenary session IV Clinical care/ Chair Teut, Berman Wu (Guangzhou Univ.), Dusek (Allina Health, US)			
10.00-10.30		Coffee break and Exhibition Saal II, Foyer		
10.30-12.00	Symposium Advancing the science and care of integrative oncology	Symposium Phytotherapy in therapy and prevention	Workshop The Cochrane risk of bias tool	Arts therapies within Anthroposophic Medicine
12.00-13.00		Guided poster session 3, Dorotheensaal/Saal II		
13.00-14.30		Lunch break		
14.30-16.00	Symposium Evidence-based assessment of integrated care for pain	Symposium Integrative medicine in a German pediatric hospital	Symposium Consultation about complementary medicine in cancer care	Symposium Hospital of the future - role of the arts
16.00-16.30		Coffee break and Exhibition Saal II, Foyer		
16.30-18.00	Plenary session V Education/ Chair Haramati, Willich Eisenberg (Harvard School of Public Health, Boston), Haramati (Georgetown Univ.) Poster Award ISCMR Article Prize Closing remarks			

Education	Clinical care
Plenaries	Trad. healing systems
Research	Medicine and arts

Program Overview

Friday, May 5, 2017

Time	Salon 4	Salon 5	Salon 6	Salon 7	Dachsalon	Dorotheensaal Souterrain
07.30-08.30		ISCMR BOD meeting		ESIM member meeting		
08.30-10.00						
10.00-10.30	Coffee break and Exhibition Saal II, Foyer					
10.30-12.00	Symposium Antibiotics and alternatives (Anthro.)		Symposium Promoting development in one self and others	Students/young doctors The existence of Meditation and Spirituality – consequences for Medicine and Medical studies	Symposium Cupping	Case conference ADHS
12.00-13.00	Guided poster session 3 Dorotheensaal/Saal II					
13.00-14.30	Lunch break					
14.30-16.00	Oral abstract presentations Trad. healing systems	Workshop How to develop clinical practice guidelines for IM	Workshop TCM education in China and Europe	Students/young doctors Integrative medicine: an open dialogue with experts		Symposium Ayush
16.00-16.30	Coffee break and Exhibition Saal II, Foyer					
16.30-18.00						

Education	Clinical care
Plenaries	Trad. healing systems
Research	Medicine and arts

08:00 - 12:00 **Visit of Gemeinschaftskrankenhaus Havelhöhe: Anthroposophic medicine in workaday life for patient centred care in a capital town**
Matthes H (Berlin/DE)

08:00 Departure shuttle bus to Havelhöhe in front of Maritim proARTE hotel

08:30 - 10:30 Pre-Congress Workshops

Saal A-B **Qualitative research methods in complementary and Integrative Medicine**

Berger B (Herdecke/DE)

This workshop will give an insight in qualitative research methods for complementary and Integrative Medicine, teach how to reflect quality criteria of qualitative research methodology and try different ways to interpret data to know more about the diversity of qualitative methodologies

Saal C **Getting your work published - tips from editors**

Moderator: Fønnebø VM (Tromsø/NO)

Speaker: Kemper K (Blacklick/US), Weeks J (Seattle/US), Rowles T (London/UK)

This will be an interactive session led by three editors from prominent CAM journals - BMC CAM, Complementary Therapies in Medicine, and Journal of Alternative and Complementary Medicine. The pros and cons of submitting to different journals, the availability and recommended use of writing guidelines from the EQUATOR network will be reviewed and the participants will be offered a simple, hands on approach to writing a journal article without getting bogged down in writer's block.

Salon 1 **Ayurveda in Europe - what's needed when healing tradition travels abroad?**

Kessler CS (Berlin/DE), Michalsen A (Berlin/DE), Mittwede M (Birstein/DE), Gramminger H (Bell/DE), Gupta H (Ludwigsburg/DE), Wachsmuth D (Hamburg/DE)

This pre-conference workshop invites (1) leading scientists in the field to present their research work related to Ayurveda as practiced outside of South Asia, (2) senior clinicians with long standing expertise in treating patients with ayurvedic medicine in Western contexts to share their experience, and (3) board members of the leading Western therapists' associations for Ayurveda (DÄGAM, VEAT, AFGIM, EUAA, EURAMA, DGA and others) to highlight crucial aspects related to national/supranational health care economics and policy making.

Salon 2	<p>Refugees with chronic diseases between the Middle-East and Europe: the role of traditional and Integrative Medicine in bridging gaps, Part I</p> <p>Ben-Arye E, Samuels N (Haifa/IL)</p> <p>Experts from the Middle East and Europe will focus on the cross-cultural communication barriers that separate Middle-Eastern refugee patients from their European healthcare practitioners, and provide pragmatic skills on the effective and safe use of complementary/traditional medicine for chronic illness</p>
Salon 3	<p>Implementing skills from hypnosis and touch therapies to improve doctor-patient communication</p> <p>Schiff E, Arnon Z (Haifa/IL)</p> <p>Goals of this workshop:</p> <ol style="list-style-type: none"> 1. Understand the influence of spoken words and body language on hospitalized patients due to their placebo and nocebo effects. 2. Acquire communication techniques from non-formal hypnosis to enhance positive effects of treatments and reduce harmful effects. 3. Learn how to use techniques from touch therapies to improve physical exam skills, and facilitate patient comfort through appropriate touch.
Salon 4	<p>A comprehensive integrative approach to the management of chronic pain</p> <p>Kaplan G (McLean/US)</p> <p>The goal of this workshop is to understand the pathophysiology of chronic pain and depression according to a neuroinflammatory model as well as the multiple aetiologies of neuroinflammation.</p> <p>The participants will learn how to take a comprehensive, chronic-pain history according to the neuroinflammatory model of chronic pain and, based on that, create an integrative treatment.</p>
Salon 5	<p>Developing clinical clerkships in Integrative Medicine</p> <p>Tauschel D (Herdecke/DE)</p> <p>In this workshop the participants will discover possibilities and problems in establishing, conducting and sustainably developing clinical clerkships in Integrative Medicine (IM). This will include aspects of curriculum development like needs assessment, finding and setting adequate goals, learning objectives and the use of feedback and evaluation.</p> <p>Participants will be given an overview about the opportunities and challenges of IM clerkships, examples from 12 years of experiences of establishing and conducting IM Clerkships within the Integrated Curriculum for Anthroposophic Medicine (ICURAM), as well as tasks that will help them to figure the first steps in developing their own IM clerkship.</p>

Salon 6	<p>Differentiating the psychological and physiological mechanisms of relaxation versus mindfulness: an experiential workshop and clinical implications</p> <p>Luberto CM (Boston/US) , Haramati A (Washington, DC/US), Cotton S (Cincinnati/US)</p> <p>The primary purpose of this workshop is to provide participants with a deeper understanding of the differences in the psychological and physiological mechanisms associated with relaxation versus mindfulness techniques, using a combination of experiential exercises and brief didactics.</p> <p>Furthermore, the existing evidence base regarding psychological and physiological mechanistic differences between relaxation and mindfulness approaches will be discussed. The participants will learn to more thoughtfully and appropriately select relaxation or mindfulness techniques in clinical and research settings depending on clinical goals and populations.</p>
Salon 7	<p>Home remedies from all over the world - evaluation and education</p> <p>Kerckhoff A (Berlin/DE)</p>
08:30-09:40	<p>General profits and risks of folk remedies, data and recipes with cabbage, potato, garlic, onion, lemon, honey, salt</p> <p>Kerckhoff A (Berlin/DE)</p>
09:40-09:50	<p>Fermented food for more health: Sauerkraut and Kimchi</p> <p>Hemmen S (Berlin/DE)</p>
09:50-10:10	<p>How to educate on folkmedicine - print, lectures, workshops, classes</p> <p>Kerckhoff A (Berlin/DE)</p>
10:10-10:30	<p>Discussion, exchange and networking</p> <p>Kerckhoff A (Berlin/DE)</p>

10:30 - 12:30 Pre-Congress Workshops

Saal A-B	<p>Horizon 2020 - networking and creating working groups</p> <p>Sützl-Klein H (Vienna/AT), Plätzer K, Madl P (Salzburg/AT), Haslberger A (Vienna/AT), Weidenhammer W (Munich/DE), Huber R (Freiburg/DE), Langhorst J (Essen/DE), Stock-Schröer B (Essen/DE), Wachmann K (Krems an der Donau/AT), Györgyfalvai M (Vienna/AT)</p>
10:30-11:00	<p>Opening</p> <p>Stock-Schröer B (Essen/DE)</p>
	<p>Horizon 2020 introduction</p> <p>Sützl-Klein H (Vienna/AT)</p>
	<p>Horizon 2020 work programmes and next calls, current development</p> <p>Weidenhammer W (Munich/DE)</p>
	<p>Experiences and lessons learned from successful EU-research projects</p> <p>Madl P (Salzburg/AT)</p>

	Wachmann K (Krems an der Donau/AT)
11:00-11:15	Introduction of participants and research themes, matching partners and themes
11:15-12:15	Creating working groups for Horizon 2020 – application procedures/ discussion of specific topics in small groups
12:15-12:30	Final discussion
Saal C	<p>Herbal medicine research: from margins to mainstream</p> <p>Flower A, Trill J, Lown M (Southampton/UK), Willcox M (Oxford/UK)</p> <p>This pre-congress-workshop allows the participant to explore different research methods used to investigate herbal medicines as done at the University of Southampton.</p> <p>The key domains of herbal medicine research such as quality control, batch consistency, the importance of stabilising levels of known active compounds, interactions with pharmaceuticals, model validity, and herbal pharmacokinetics will be considered.</p> <p>Besides, the idea is to develop a model for future research into herbal medicines that can incorporate a properly phased, iterative programme of research that will optimise both pragmatic rigour and the clinical relevance of these investigations.</p>
Salon 1	<p>Developing pre-residency core entrustable professional activities in Integrative Medicine: a skills-based workshop for medical educators and students</p> <p>Hahn EG (Erlangen/DE), Chen HC (Washington DC/US), Kligler B (Brooklyn/US), Koithan MS (Tucson/US), Lürer S (Bern/CH), Peters H (Berlin/DE)</p> <p>The goal of this workshop is to provide the participants with a hands-on opportunity to create core <i>Entrustable Professional Activities (EPAs)</i> in Integrative Medicine for trainees entering residency and post-graduate training. EPAs are becoming an important part of outcomes based education and are increasingly looked at being essential in preparing students for graduate medical training. This workshop will build on precourse assignments¹, start with an interactive summary of this knowledge and will then shift to experimental as we create the opportunity for participants to work in groups and develop team-based care EPAs in Integrative Medicine that include interprofessional practice.</p> <p>Main Learning Objectives:</p> <ol style="list-style-type: none"> 1. The participants will know and understand the theory and practice of pre-residency EPAs and team-based practice as applied in Integrative Medicine 2. The participants will be able to create a blueprint of EPAs related to Integrative Medicine

	<p>Going through Horizon 2020 application processes, experiences and hints</p> <p>3. The participants will be able to create and use a learning and assessment environment for pre-residency EPAs and team-based practice in Integrative Medicine</p> <p>Pre-Course Reading:</p> <p>1. Olle ten Cate, Huiju Carrie Chen, Reinier G. Hoff, Harm Peters, Harold Bok & Marieke van der Schaaf (2015): Curriculum development for the workplace using Entrustable Professional Activities (EPAs): AMEE Guide No. 99, Medical Teacher. To link to this article: http://dx.doi.org/10.3109/0142159X.2015.1060308</p> <p>2. Melinda Ring, Marc Brodsky, Tieraona Low Dog, Victor Sierpina, Michelle Bailey, Amy Locke, Mikhail Kogan, James A. Rindfleisch & Robert Saper (2014): Developing and Implementing Core Competencies for Integrative Medicine Fellowships. Acad Med;89:421-428. doi: 10.1097/ACM.0000000000000148</p> <p>To access the articles please send an email to ecim@charite before April 18, 2017</p>
Salon 2	<p>Refugees with chronic diseases between the Middle-East and Europe: the role of traditional and Integrative Medicine in bridging gaps, Part II</p> <p>Ben-Arye E, Samuels N (Haifa/IL)</p>
Salon 3	<p>Integrative Korean medicine treatment for the management of pregnant women's health: Korean medicine approach</p> <p>Kim R, Jang EH, Kim E (Daejeon/KR)</p> <p>The concern of this workshop is to share the knowledge about Korean gynaecology that contributes to the improvement of overall health of mother and infant. Proving the efficacy of Korean Medicine Treatment in establishing the integrative model to help treat infertility, seeking an implication through active discussion and sharing knowledge with professionals in alternative and complementary medical fields.</p>
Salon 4	<p>Meditation and medicine - investigating the underlying laws and forces</p> <p>Martin DD (Tübingen, Filderstadt/DE), Schwarz S (Swisttal/DE)</p> <p>Meditation is increasingly becoming a relevant health factor - what do students and physicians need to know? What are the underlying factors and „natural laws“? What actually happens during meditation? These aspects can be brought into experience during this workshop.</p>

Salon 5	<p>Effective new cancer therapy using heat, far-infrared and terahertz Kazuko TH (New York/US)</p> <p>Dr Kazuko is presenting the new Onnetsu Therapy to improve the condition of patients suffering from rheumatoid arthritis, diabetes, tuberculosis and cancer.</p>
Salon 6	<p>Personalizing health and care for a new integrated chronic care model in Diabetes Care Ferreri R, Bernardini S, Pulcri R, Cracolici F, Rinaldi M, Porciani C (Pitigliano/IT)</p> <p>This scientific session on integrative treatment in diabetes has its focus on an active exchange of the participants in terms of research and treatment results in integrative diabetes care. On top, the aim of this pre-congress-workshop is to collect a proposal for an European clinical trial about the integration of chronic care model in diabetes care (as already approved by Italian Public Health) to be presented to Health authorities of the respective countries.</p>
Salon 7	<p>Introduction to osteopathic medicine - a hands-on workshop Rotter G (Berlin/DE)</p> <p>This workshop offers an introduction to osteopathic medicine and is intended for medical students and medical doctors with few or no knowledge in osteopathic medicine. The participants should learn basic osteopathic principles, their indication and contraindication as well as the integration of osteopathy into the overall treatment strategy of a patient. During the hands-on part of the workshop participants are given a practical demonstration of basic examination procedure with special emphasis on palpation, as well as selected treatment techniques. Participants get the possibility to practice this techniques in small groups of 2 or 3 persons under supervision, hereby experiencing the therapist as much as the patient side of each technique. Participants will have the possibility to ask and discuss about the topic</p>

12:30 - 14:00
Saal II, Foyer

Lunch On Own

14:00 - 16:00	Plenary Session
Main auditorium	Plenary session I: congress opening, traditional healing systems Chair: Brinkhaus B (Berlin/DE), Falkenberg T (Stockholm/SE)
14:00	Musical opening: Ni Fan (CN)
14:10	Words of welcome: <ul style="list-style-type: none"> • Minister of Health Germany • Radlach-Pries A (Dean Charité) • Willich SN (Berlin/DE) for ESIM • Fønnebø VM (Tromsø/NO) for ISCMR
14:30	Video greeting: Chan M (Geneva/CH) WHO
14:35	Keynote 1: Briggs J (Bethesda/US) The lessons from Integrative Medicine: sometimes less really is more
15:05	Keynote 2: Willcox M (Oxford/UK) Traditional medicine and primary health care in Africa
15:35	Heel research prize Willich SN (Berlin/DE)
15:50	Musical conclusion: Ni Fan (CN)

16:00 - 16:30 Coffee Break and Exhibition

Saal II, Foyer

16:30 - 18:00	Symposium
Saal A-B	Yoga in therapy and prevention: the current state of the science on utilization, efficacy and safety Chair: Cramer H (Essen/DE), Liu J (Beijing/CN)
16:30 - 16:40	Yoga in therapy and prevention - a brief overview and introduction Cramer H (Essen/DE)
16:40 - 16:55	What is a clinical yoga intervention? Content and reporting of yoga interventions for pregnancy, neurological, and musculoskeletal conditions Ward L (Oxford/US)
16:55 - 17:10	Yoga for stress reduction - hype or evidence-based first line approach? Michalsen A (Berlin/DE)
17:10 - 17:25	The potential of yoga for weight loss or weight control - an overview of the literature Lauche R (Ultimo/AU)
17:25 - 17:40	Is yoga safe? An analysis of clinical and epidemiological data on yoga-associated adverse events Cramer H (Essen/DE)
17:40 - 18:00	Questions and answers

16:30 - 18:00 Saal C	Oral Abstract Presentations Research I (Herbal medicine, various topics) Chair: Fønnebø V (Tromsø/NO), Lee MS (Daejeon/KR)	
16:30 - 16:45	Andrographis paniculata for symptomatic relief of acute respiratory tract infections: a systematic review and meta-analysis Hu X-Y (Southampton/UK)	ID 37
16:45 - 17:00	Nigella sativa oil supplementation in asthma: a randomised, double-blind, placebo-controlled, exploratory phase-II clinical trial Koshak A (London/UK)	ID 65
17:00 - 17:15	Measuring existential qualities of patients' health and suffering - the first stages of instrument development Andermo S (Huddinge/SE)	ID 111
17:15 - 17:30	The use of complementary and alternative methods (CAM) among Swedish cancer patients Wode K (Stockholm Gotland/SE)	ID 218
17:30 - 17:45	Synergy effects of the herbal drug combination STW 5 (Ibero-gast®) contribute to inflammatory processes and disturbed motility in gut preparations Nieber K (Leipzig/DE)	ID 379
17:45 - 18:00	Anti-inflammatory and cytoprotective effects of a Hypericum perforatum extract, STW 3-VI Kelber O (Marburg/DE)	ID 423

16:30 - 18:00 Salon 1	Symposium An integrative approach to understanding & managing procedural anxiety - a 360° perspective Chair: Schiff E (Haifa/IL), Esch T (Witten/DE) Speakers: Schiff E, Ben-Arye E, Arnon Z, Avshalomov D, Attias S (Haifa/IL)	
	Pre-Operative Anxiety (POA) is associated with a negative patient experience, increased morbidity, and even mortality. Conventional management of POA is sub-optimal and relies on anxiolytics. Complementary and Integrative Medicine (CIM) therapies have been shown to reduce POA. Session will be interactive with audience mainly during the segment on therapeutic approaches.	
16:30 - 16:40	Patient's and health care providers' perceptions of POA and its impact on patient-provider communication. We will contemplate at anxiety within the broader bio-psycho-social-spiritual context of the patient's health belief model Schiff E (Haifa/IL)	

16:40 - 17:25	Presentation of a variety of CIM therapeutic perspectives on POA: traditional Chinese Medicine (the "Shen" concept), Reflexology (4 elements theory), Hypnotherapy (fear of death, and placebo effects). A hands-on experience will be given for each modality, so that participants will be able to apply simple techniques for relieving anxiety Avshalomov D, Arnon Z, Attias S (Haifa/IL)
17:25 - 17:40	Presentation of findings from state-of-the-art research on CIM for POA related to obstetric, general surgery/anesthesia, and gastroenterology procedures Schiff E (Haifa/IL)
17:40 - 17:50	Finally we will share our experience with thousands of patients at Bnai Zion Medical Center in preventing & treating POA Schiff E (Haifa/IL)
17:50 - 18:00	Questions and answers

16:30 - 18:00 Salon 2	Discussion How to prioritise traditional treatment for further research Chair: Willcox M, (Oxford/UK), Heinrich M (London/US)
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16:30 - 16:45	The need for consolidated standards on reporting ethnopharmacological research Heinrich M (London/US)
16:45 - 17:00	Ethnopharmacological studies with diverging expectations: why a consensus? Graz B (Geneva/CH)
17:00 - 17:15	Novel methods for prioritising plants for further research - the "RITAM score"; and the "Retrospective Treatment Outcome study" Willcox M (Oxford/UK)
17:15 - 17:30	The "5-phase model" to define good practice Flower A (Southampton/UK)
17:30 - 18:00	Discussion

16:30 - 18:00 Salon 3	<p>Symposium</p> <p>Research in arts therapies</p> <p>Chair: Koch SC, Gruber H, Pohlmann, U (Alfter/Bonn/DE)</p> <p>Art therapy, music therapy, dance movement therapy, drama therapy and poetry therapy together form the field of Creative Arts Therapies (CATs) and are mainly applied in mental health contexts. Recently they have also expanded into work and research on neurological and cardiovascular diseases as well as prevention, where they have been found to significantly reduce stress and to enhance the parent-infant relationship. In palliative care, art, music and dance movement therapy have been shown to reduce pain, anxiety and depression for cancer patients; for patients suffering from Parkinson's disease they have been shown to increase quality of life. Yet in many areas, research needs to be expanded, enhanced and deepened as to what specifically works in arts therapies. How can we investigate active factors and mechanisms? How can we apply psychophysiological measures for the benefit of the field? This symposium provides an overview of existing empirical evidence, research findings, and directions in Creative Arts Therapies.</p>
16:30 - 16:50	<p>Arts therapies: measuring synchronization of physiological parameters in arts and somatic therapies - Ideas and first results</p> <p>Caldwell C (Boulder/US)</p>
16:50 - 17:10	<p>Art therapy: effects and active factors in Art Therapy: an overview for the fields of oncology and palliative care</p> <p>Gruber H, Kortum R (Alfter/Bonn/DE)</p>
17:10 - 17:30	<p>Music therapy: Parent-infant music therapy: effects, efficacy and practice - a research overview</p> <p>Krantz B (Nijmegen/NL)</p>
17:30 - 17:50	<p>Dance movement therapy: efficacy of dance therapy and therapeutic factors of the arts therapies</p> <p>Koch SC (Alfter/Heidelberg/DE), Martin L (Alfter/Bonn/DE)</p>
17:50 - 18:00	<p>Conclusion</p>

16:30 - 18:00
Salon 4

Symposium

Challenges, outcomes and lessons learned from implementing a Mind-Body Medicine program into the health professions curriculum

Chair: Haramati A (Washington, DC/US), Jong M (Driebergen/NL)

Goals: In this 90-minute session, representatives from 6 institutions (Germany, Netherlands, Sweden, Switzerland and the US) who have implemented mind-body programs in their curricula will share perspectives on the challenges they faced, the strategies they used to implement the program into the curriculum, the outcomes they obtained, and the lessons learned. The symposium will involve short (15 minutes) presentations, which will enable at least a 20-minutes discussion with the audience participants.

16:30 - 16:45

Welcome, review of goals and introduction
Haramati A (Washington, DC/US)

16:45 - 17:00

Perspectives from Germany and Switzerland
Brinkhaus B (Berlin/DE), Witt C (Zurich/CH)

17:00 - 17:15

Perspectives from Sweden and The Netherlands
Jong M (Driebergen/NL), Jong M (Sundsvall/SE)

17:15 - 17:30

Perspectives from USA: University of Cincinnati
Cotton S (Cincinnati/US)

17:30 - 17:40

Reflections on the Program: Georgetown University
Haramati A (Washington, DC/US)

17:40 - 18:00

General discussion

16:30 - 18:00
Salon 5

Oral Abstract Presentations

Clinical Care

Chair: Matthes H (Berlin/DE), Keil T (Berlin/DE)

16:30 - 16:45

Integrative oncology in the region of Tuscany: a successful integration ID 229
Rossi E (Florence/IT)

16:45 - 17:00

Complementary and Integrative Medicine in nursing homes - Results of a prospective, exploratory, comparative, two-armed cohort study from the residents' perspective ID 250
Ortiz M (Berlin/DE)

17:00 - 17:15

Acupuncture in post-date pregnancy ID 361
Neri I (Modena/IT)

17:15 - 17:30

Medical Cannabis access in Canada: new opportunities and challenges ID 440
Balneaves L (Toronto/CA)

17:30 - 17:45	Quality of life and fatigue in breast and gynecologic cancer patients during chemotherapy supported by a complex nurse-led CAM intervention - results of a randomized-controlled trial Klafke N (Heidelberg/DE)	ID 493
17:45 - 18:00	Non-pharmacological multicomponent interventions as a method to treat dementia Özbe D (Erlangen/DE)	ID 556

16:30 - 18:00 Salon 6	Workshop Treatment of allergic rhinitis and asthma with Chinese Medicine (International Society for Chinese Medicine) Chair: Hummelsberger J (Munich/DE), Wullinger M (Rosenheim/DE)
	<p>According to recent published trials acupuncture and Chinese Herbal Medicine (CHM) seem to be effective methods to help patients with allergic rhinitis and asthma. Important in Traditional Chinese Medicine (TCM) is a correct pattern differentiation. The aim of this workshop is to give physicians a guideline for the use of acupuncture, CHM and dietary in these diseases.</p> <p>Learning objectives of this workshop are:</p> <ul style="list-style-type: none"> • Acupuncture points for allergic rhinitis and asthma • Simple CHM formulae • Simple TCM patterns <p>Hummelsberger J (Munich/DE), Wullinger M (Rosenheim/DE)</p>

16:30 - 18:00 Salon 7	Students/Young Doctors Integrative Medicine Hands On Workshop
	<p>90 minutes of Integrative Medicine / CAM practice! Discover elements of different IM disciplines through hands-on experience. Join us for a mind body meditation and sessions on phytotherapy, wet packs, tuina massage and cupping massage / gua sha. At the end of this workshop, you'll be equipped with new knowledge and skills for your IM practice.</p> <p>Wartner E (Berlin/DE)</p>

16:30 - 18:00 Dachsalon	Oral Abstract Presentations Various topics Chair: Boon H (Toronto/CA), Khalil M (Riyadh/SA)
16:30 - 16:45	Organic food consumption during pregnancy and its association with health-related characteristics: the KOALA Birth Cohort Study Simões-Wüst AP (Zurich/CH)

16:45 - 17:00	The implications of the World Health Organization Traditional Medicine Strategy 2014-2023 for Integrative Medicine Fisher P (London/UK)	ID 178
17:00 - 17:15	The broken link! Combining conventional and complementary medicine in a safe health care delivery chain Wiesener S (Tromsø/NO)	ID 232
17:15 - 17:30	Using systems biology paradigms, phylogenetics, to rethink clinical trial designs Amri H (Washington/US)	ID 225
17:30 - 17:45	The development of an evidence-based decision aid concerning Complementary and Alternative Medicine (CAM) for parents of children with cancer Boers I (Driebergen/NL)	ID 310
17:45 - 18:00	Food literacy and attitudes in a healthy population of US adults Kreitzer MJ (Minneapolis/US)	ID 314
18:00 - 19:00	Guided Poster Session Education 1 Chair: Boon H (Toronto/CA), Hahn EG (Erlangen/DE)	
ID 25	The development of an acupuncture simulation module on LR14 for acupuncture treatment of hepatic disorder Chen P-H (Changhua/TW)	
ID 45	Implementing patient reported outcome measures into a student clinic environment Schloss J (Fortitude Valley/AU)	
ID 56	Promoting integrative Chinese-Western medicine care models through the development of an evidence-based electronic resource and training program: protocol of a mixed method study Chung VCH (Shatin/HK)	
ID 102	Evaluation of flipped classroom with Kampo e-learning for medical students Ito A (Kawasaki/JP)	
ID 105	Abbreviated mindfulness-based cognitive therapy intervention for hospital employees: feasibility, acceptability, and preliminary effectiveness Cotton S (Cincinnati/US)	
ID 115	Incorporation of Integrative Medicine education into undergraduate medical education: a longitudinal study Bhagra A (Rochester/US)	
ID 118	History and teaching acupuncture experience at FMUSP Tsai A (São Paulo/BR)	

ID 137	Extraordinary vessels, body fluids and body posture: subtle governors of autonomous nervous system signaling Papuga P (Komenda/SI)
ID 245	Guide for osteopathic contribution in pediatrics Trapani G (Rom/IT)
ID 283	The Cerrado as a curing cradle: medicinal plants from the perspective of healer's knowledge and tradition in the campus of Federal University of São Carlos (UFSCar), Brazil Moreno Mazini AC (São Carlos/BR)
ID 284	Training in anthroposophical medicine at the University of Strasbourg Kempenich R (Strasbourg/FR)
ID 303	Attitudes towards Integrative Medicine among medical faculty of Osijek students Zulj M (Osijek/HR)

18:00 - 19:00	Guided Poster Session Education 2 Chair: Jong M (Driebergen/NL), Eisenberg D (Boston/US)
ID 319	"Dialogue about spirituality and health": an educational transdisciplinary action of the practice of spirituality in order to promote quality of life and integral health Monezi R (São Paulo/BR)
ID 367	General practitioner views and understanding of prostate cancer screening and management with active surveillance Watts S (Southampton/UK)
ID 376	"The Simonton-Training: how cancer patients and their loved ones can support the effects of treatment by increasing their quality of life" Kaspar C (Ulm/DE)
ID 396	The importance of developing consciousness about health and Integrative Medicine in education process of professional massotherapists in Porto Alegre City, Brazil Jacobsen M (Porto Alegre/BR)
ID 437	Getting the pulse: complementary and integrative health care needs assessment of a community hospital in Ontario, Canada Balneaves L (Toronto/CA)
ID 438	Taking the first step: assessing patients' interest and education needs related to complementary and integrative healthcare Balneaves L (Toronto/CA)

ID 460	T90/R90 Building Research across Inter-Disciplinary Gaps (BRIDG): clinical research training program in complementary and integrative health Bradley R (Portland/US)
ID 470	Integrative nursing: reflexology effects of a teaching program on nursing students Neus E (Tarragona/ES)
ID 486	The analysis of communicate apprehension in students of TCM speciality and affecting factors Zhao N (Beijing/CN)
ID 506	Education with MeSaCoSa concept for healthy living and coping with chronic pain syndromes Murakozy H (Bad Oeynhausen/DE)
ID 540	Social network and healthcare seeking behavior in urban communities: a pilot study on using traditional Chinese medicine Zhang L (Beijing/CN)

18:00 - 19:00

Guided Poster Session

Medicine and Arts

Chair: Rollins J (Washington/US), Rossi E (Lucca/IT)

ID 78	"...to take medicine into the picture ..." art therapy and well-being: a pilot study in prevention and health promotion Oepen R (Alfter/Bonn/DE)
ID 136	Medicine and art: the effects of professional clowns performance at pediatric hospitals Masetti M (Rio de Janeiro/BR)
ID 179	Benefits for people with cystic fibrosis learning Tai Chi: comparison of self-reported to objective data in a non-acute/community population Ronan P (London/UK)
ID 181	The potential of Tai Chi for long term health: exercise preferences for people with cystic fibrosis Robinson N (London/UK)
ID 207	Evidence-based music therapy protocols in Integrative Medicine and health Hanser S (Boston/US)
ID 226	Changes in respiration, heartrate and state of mind while hearing live music: an empirical experimental pilot study in anthroposophic music therapy Heckel V (Arlesheim/CH)

ID 253	Palpation of inherent rhythms in osteopathic medicine: physiology meeting practice Pelz H (Buxtehude/DE)
ID 311	Medical painting therapy "Methodology Liane Collot d'Herbois": a therapeutic process of anthroposophical medicine Winnubst ME (São Paulo/BR)
ID 339	Proposing "theatricality" as a novel, holistic methodology for the study of complex interventions in CAM Croke S (Leeds/UK)
ID 350	Application of the CARE-AAT documentation method in anthroposophic art therapy case reporting Ponstein A (Leiden/NL)
ID 366	The adjustment of the CARE guideline and the development of a documentation method to be used in anthroposophic art therapy Abbing A (Leiden/NL)

18:00 - 19:00

Guided Poster Session

Traditional Healing Systems 1

Chair: Cáceres Guido P (Buenos Aires/AR), Weeks J (Seattle/US)

ID 72	A literature review for developing the clinical phenotype evaluation system of atopic dermatitis Ahn J (Seoul/KR)
ID 73	Relationship between nasal endoscopy index for pattern identification and cold-heat pattern identification in allergic rhinitis patients Ahn J (Seoul/KR)
ID 75	'Aina Ho'oulu Lahui: traditional Hawaiian agricultural technology as integral to health and Maui Ola Ostrowski D (Honolulu, Hawaii/US)
ID 90	"There are more things in heaven and earth." How knowledge about traditional healing affects clinical practice: A qualitative study Larsen AL (Tromsø/NO)
ID 98	Ancient scientific yogic meditation technique for de-stressing Kotwal MR (Gangtok/IN)
ID 101	A scientific evaluation of Hiranypaash traditional medicine: an ayurvedic nanomedicine as a natural immune booster in children Badekila S (Manipal/IN)
ID 113	Research on anti-inflammatory mechanisms of Chinese medicine treating preschool children with pneumonia based on methods of data mining and network pharmacology Liu T (Beijing/CN)

ID 132	Use of traditional medicine for maternal and child health care among women in urban Indonesia: the Jamu system and its practices in the city of Jagyakarta Torri MC (Fredericton/CA)
ID 133	"My customers put trust in me": gender roles, traditional medicine and healing processes in Indonesia Szuter C (Fredericton/CA)
ID 141	Characteristics of hemophilia patients based on Sasang constitution medicine Lee M (Seoul/KR)
ID 147	Is individualized Chinese herbal medicine treatment more effective than standardized treatment? A meta-epidemiological study Chung VHA (Shatin/HK)

18:00 - 19:00

Guided Poster Session

Traditional Healing Systems 2

Chair: Liu J (Beijing/CN), Willcox M (Oxford/UK)

ID 154	Plants currently used to treat diabetes in Sri Lankan Siddha medicine: an ethnobotanical survey in the eastern province Sathasivampillai S (London/UK)
ID 195	Al-Zahrawi: the first physician who described dysmenorrhea Behmanesh E (Babol/IR)
ID 201	Contribution of Al-Zahrawi (Abulcasis) to dysmenorrhea Mozaffarpour S (Babol/IR)
ID 202	Comparison between the "Theory of Arkan" (four elements) in traditional Persian medicine and the "Theory of Five Elements" in traditional Chinese medicine Mozaffarpour S (Babol/IR)
ID 222	Dietary recommendations in fracture healing in traditional Persian medicine: a historical review of literature Atarzadeh F (Shiraz/IR)
ID 223	The study of menstrual pain etiologies in traditional Persian medicine and comparison with current medicine Behmanesh E (Babol/IR)
ID 238	How does RegentK work? A qualitative-phenomenological investigation into a novel complementary-chiropractic technique Walach H (Poznan/PL)
ID 258	Unani medicine and its emphasis on health preservation and prevention Amri H (Washington/US)

ID 265	Pediatric massage for childhood diarrhea: a review of ancient Chinese books Li M (Guangzhou/CN)
ID 289	Avicenna's point of view on prevention of dystocia Vazani Y (Shiraz/IR)
18:00 - 19:00	Guided Poster Session Traditional Healing Systems 3 Chair: Khalil M (Riyadh/SA), Watanabe K (Kanagawa/Jp)
ID 295	Body temperature and health in traditional Persian medicine Nimrouzi M (Shiraz/IR)
ID 325	The therapeutic effects of fennel in traditional Persian medicine: a review Pasalar M (Shiraz/IR)
ID 345	Traditional healing systems: a framework approach against the backdrop of sustainable development Scherrer YM (Basel/CH)
ID 461	Comparison of anxiolytic effects of the homeopathic complex Vita-C 15 and Aconitum Napellus in acutely stressed C57BL6 Mice Liew SM (Cyberjaya/MY)
ID 487	Characteristic of RCT of fire needle as a treatment for herpes zoster Zhao N (Beijing/CN)
ID 488	Xingnaojing injection for ischemic stroke: an overview of systematic reviews Jia L (Beijing/CN)
ID 492	Tinnitus: treatment from the viewpoint of traditional Persian medicine Tavakoli A (Shiraz/IR)
ID 500	Buzhongyiqi Decoction for myasthenia gravis: a systematic review of randomized controlled trials Yan X (Beijing/CN)
ID 501	Chinese patent medicine for diabetic retinopathy: a systematic review of randomized controlled trial Liu Z (Beijing/CN)
ID 525	Acupuncture: evidence based medicine practice for stroke rehabilitation Lefebvre D (Bellaire/US)

18:00 - 19:00	Guided Poster Session Various topics 1 Chair: Keil T (Berlin/DE), Baumgartner S (Arlesheim/CH)
ID 18	Health promotion through traditional medicine: a community based approach Dahal G (Kathmandu/NP)
ID 19	Integrative therapy for improving breast size and elasticity: three case reports Choi E (Seoul/KR)
ID 59	Organic food consumption during pregnancy and consumer profiles, food patterns and intake: the KOALA birth cohort study Simões-Wüst AP (Zurich/Arlesheim/CH)
ID 92	Trends in the use of complementary and alternative medicine in the Czech Republic Pokladnikova J (Hradec Kralove/CZ)
ID 97	Integrative Medicine group: a 10-year experience of an official team at a pediatric tertiary hospital Cáceres Guido P (Buenos Aires/AR)
ID 120	Ka Ulu La'au. Hawaiian plants in public landscaping: amending statute to increase traditional health resources for community benefit Ostrowski D (Honolulu, Hawaii/US)
ID 145	Cardiometabolic disease, chocolate and red wine: raising the bar and a glass to an old foe McEwen (Sydney/AU)
ID 151	Developing and evaluating a health related quality of life (HRQOL) questionnaire for craniosacral therapy (CST): using qualitative methods to evaluate a conceptual framework Brough N (Coventry/UK)
ID 204	The application of scientific & technology achievements in the area of CAM (Complementary and Alternative Medicine) in China: some considerations and suggestions from the policy aspect Cai J (Guangzhou/CN)
ID 210	Elderly onset SLE implicated by warm AIHA (autoimmune haemolytic anaemia) Butt F (Singapore/SG)
ID 216	Medicinal plants with cardiac side effect from the perspective of traditional Persian medicine Abolghasemi J (Shiraz/IR)

18:00 - 19:00	Guided Poster Session Various topics 2 Chair: Kraft K (Rostock/DE), Dunjic (Maribor/SI)
ID 227	<p>"It brings her back to herself" the efficacy of eurythmy therapy in stroke rehabilitation Beaven K (Forest Row Hildenborough/UK)</p>
ID 277	<p>The organization of BDORT treatment center Njaradi O (Belgrade/RS)</p>
ID 278	<p>The role of speech and language pathologist in the treatment of autism Njaradi O (Belgrade/RS)</p>
ID 280	<p>The application of the state-regions national agreement for CM education in Italy: the state of the art Baccetti S (Florence/IT)</p>
ID 281	<p>Comparison of clinical practice guidelines in Korea and Japan: current status of Korean medicine clinical practice guidelines and Kampo clinical practice guidelines Sasaki Y (Seoul/KR)</p>
ID 282	<p>Recent advances in the integration of CM in public healthcare system of the region of Tuscany Baccetti S (Florence/IT)</p>
ID 318	<p>Perception of Integrative Medicine by patients with cancer history; Qualitative research: content analysis Jakuboniene D (Vilnius/LT)</p>
ID 353	<p>Advances in complementary medicine regulation in Chile Galanti M (Santiago/CL)</p>
ID 360	<p>Chilean complementary medicine record Galanti M (Santiago/CL)</p>
ID 369	<p>Development of a consortium on Integrative Medicine & health in the Netherlands: barriers and facilitators Busch M (Utrecht/NL)</p>
ID 370	<p>The use of medicinal plants in Cerrado region (Federal District, Brazil) Melo F (Brasília/BR)</p>
18:00 - 19:00	Guided Poster Session Various topics 3 Chair: Längler A (Herdecke/DE), Steel A (Melbourne/AU)
ID 383	<p>Chilean health workers welfare Galanti M (Santiago/CL)</p>

ID 412	Implementation of an Academic Center of Integrative Medicine and Health (CIMH) under German Federal Republic Legislation - Organizational and Economic Challenges Frauenknecht X (Bamberg/DE)
ID 432	A policy-based, native Hawaiian medicine-driven curriculum adaptation for health equity and social justice in Hawaii Burke K (Honolulu/US)
ID 458	The practice of transcendental meditation as self-care technique in small town Tihanyi E (Pecs/HU)
ID 464	Daily symptom obtainment technology and processes in Korean medicine personal health record platform Seo J (Daejeon/KR)
ID 524	Traditional Persian medicine: a source of ideas for sexual dysfunction in cardiovascular patients investigations Zohalinezhad M (Shiraz/IR)
ID 526	101: Practical strategies for creating a successful Integrative Medicine and health program White S (Salt Lake City/US)
ID 545	The role of machine learning in the diagnosis of diabetic nephropathy and prescriptions of Chinese herbal medicine Zhang J (Beijing/CN)
ID 548	Considerations on multiple testing procedures in randomized controlled trials of Chinese herbal medicine Zhang J (Beijing/CN)
ID 553	Induction of coherent fields in osteopathic treatment proposes to be potential by influencing the genetic field Dräger K (Hamburg/DE)

18:00 - 19:00

Guided Poster Session

Research mental/psychic/atopic diseases 1 (Research VII/IV/1)

Chair: Saper R (Boston/US), Hummelsberger J (Munich/DE)

ID 7	Intravenous vitamin C in the treatment of allergies: an interim subgroup analysis of a long-term observational study Hagel A (Erlangen/DE)
ID 17	Feasibility study for a community based intervention for adults with severe chronic fatigue syndrome/ME McDermott C (Southampton/UK)

ID 21	Sham-controlled randomized clinical trial on the effectiveness of co-assisting acupuncture in the treatment of mild and moderate depression in a primary health care (study to begin in September 2016) Tapia P (Santiago/CL)
ID 26	A qualitative evaluation of the Integrative Medical Group Visits (IMGV) model of care for chronic pain and depression; lessons learned from clinician-patient interactions Lestoquoy AS (Boston/US)
ID 69	Efficacy, safety and dose finding trial of topical Jaungo application in atopic dermatitis patients: study protocol for a randomized, double-blind, placebo controlled trial Yun Y (Seoul/KR)
ID 82	Ayurvedic versus conventional dietary and lifestyle counseling for mothers with burnout-syndrome: a randomized controlled pilot study including a qualitative evaluation Kessler C (Berlin/DE)
ID 126	Improving men's mental health via primary care: an evaluation of the Atlas Men's Well-being pilot programme (acupuncture and counseling) for stressed and distressed men Cheshire A (London/UK)
ID 219	Adjunctive hatha yoga vs. health education for persistent major depression: a randomized controlled trial Uebelacker L (Providence/US)
ID 224	The effects of craniosacral therapy on agitation in elderly adults with dementia Wang Y-H (Dalin/TW)
ID 475	Nootkatol suppressed atopic dermatitis-like skin lesions in NC/Nga mice by inhibiting helper T cell immune responses Yang IJ (Gyeongju-si/KR)
18:00 - 19:00	Guided Poster Session Research mental/psychic/atopic diseases 2 (Research VII/IV/2) Chair: Beissner F (Hannover/DE), Fattorini I (London/UK)
ID 309	Effects of a Reiki program on psychological state and happiness in high-burden caregivers Diaz Rodriguez L (Granada/ES)
ID 320	Mindfulness instruction improves anger regulation in US urban male youth Sibinga E (Baltimore/US)

ID 321	Music listening to reduce anxiety among older adults in the emergency department Belland L (New York/US)
ID 409	In major depressive disorder, yoga and coherent breathing reduced depressive symptoms, increased respiratory sinus arrhythmia, and increased Gama-aminobutyric acid Streeter C (Boston Belmont/US)
ID 431	Combining plant extracts resulting in the elimination of undesired modes of action Sherbakova A (Bonn/DE, Yoshkar-Ola/RU)
ID 457	Acupuncture for autism spectrum disorder: a systematic review and meta-analysis Lee B (Seoul/KR)
ID 473	Immediate and sustained improvements in psychological health and well-being following a 5-day residential yoga-based program for front-line professionals Trent N (Boston/US)
ID 531	Mind-body therapies for eating disorder prevention: a systematic review and meta-analysis Beccia A (Portland/US)
ID 536	Comparison of the Trier social stress test (TSST) in female college students with high and low neuroticism scores Wei Y (Beijing/CN)
ID 547	Aromatherapy as a non-pharmacological intervention for dementia care - a review Klocke C (Tübingen/DE)
18:00 - 19:00	Guided Poster Session Clinical Care pain/mental psychic diseases (Clinical Care I/IV) Chair: Von Rosenstiel I (Arnhem/NL), Irnich D (Munich/DE)
ID 29	Integrative rehabilitation program for elderly at high risk of falling Pelsoni G (Mendrisio/CH)
ID 355	Glimpses of a good life: a qualitative study of patients' experiences of anthroposophic pain rehabilitation Hök Nordberg J (Huddinge/SE)
ID 502	Comparative effectiveness and cost-effectiveness of Chuna manual therapy versus conventional usual care for non-acute low back pain: a pilot randomized controlled trial Lim K-T (Seoul/KR)

ID 323	Are dietary supplements for patients with dementia risk free? Results of a survey conducted in a Norwegian memory clinic Risvoll H (Bodø/NO)
ID 433	Psychoanalysis in Integrative Medicine Menassa A (Madrid/ES)
ID 477	A survey of Korea medicine doctors' clinical patterns for autism spectrum disorder: preliminary research for clinical practice guidelines Lee J (Seoul/KR)
ID 497	Psychosomatic disorders - integrated approach to pathogenesis, treatment and care. New opportunities for management of chronic diseases based on synergetic methodology Sidorov P (Arkhangelsk/RU)
ID 544	An integrative approach to post-traumatic stress disorder: a case report Kao L (Los Angeles/US)

19:00

Get Together

Checkpoint Bar,
Maritim proARTE
Hotel

07:30 - 08:30
Dorotheensaal

ISCMR Annual General Meeting

The ISCMR Annual General Meeting is the annual meeting for all ISCMR members. While persons interested in ISCMR are invited to come and listen to the proceedings, only members may participate and vote. The AGM agenda is available for members on the ISCMR website.

08:30 - 10:00
Main auditorium

Plenary Session

Plenary session II: Research

Chair: Brinkhaus B (Berlin/DE), Witt C (Zurich/CH)

08:30 - 09:10

An overview of antimicrobial resistance and the potential role of herbal medicines for antibiotic sparing
Moore M (Southampton/UK)

09:10 - 09:50

Marja Verhoef Lecture:
Evidence of effectiveness but not efficacy - why many complementary therapies are so hard to accept for biomedicine
Linde K (Munich/DE)

09:50-10:00

ISCMR Article Prize
Balneaves L (Toronto/CA), Liu J (Beijing/CN)

10:00 - 10:30
Saal II, Foyer

Coffee Break and Exhibition

10:30 - 12:00
Saal A-B

Discussion

Planning for and successfully conducting pragmatic trials of complementary and integrative interventions

Chair: Weber W (Bethesda/US), Wayne P (Boston MA/US)

This session will provide attendees with a strong overview of how to conduct pilot studies to plan for successful conduct of pragmatic trials. Attendees will also be informed of resources and tools available to help them better understand the complexity of pragmatic trials.

10:30 - 10:40

Overview of pragmatic trials and how to plan feasibility studies to inform design of pragmatic trials
Mudd LM (Bethesda/US)

10:40 - 10:50

Results of feasibility studies of a community delivered Tai Chi program in preparation for larger scale studies
Wayne P (Boston MA/US)

10:50 - 11:00

Overview of two full scale pragmatic trial
Witt C (Zurich/CH)

11:00 - 11:20	Discussion: challenges the presenters have encountered in conducting these studies and how they have overcome these challenges
11:20 - 11:30	Highlights of pragmatic trials that are ongoing in the field of complementary health Weber W (Bethesda/US)
11:30 - 11:40	Final summary of resources developed by the NIH Health Care System Research Collaboratory for investigators who are planning and conducting pragmatic trials (www.nihcollaboratory.org) Weber W (Bethesda/US)
11:40 - 12:00	Panel discussion

10:30 - 12:00 Saal C	Oral Abstract Presentations Research 2 (MBM) Chair: Hecht R (San Francisco/US), Schiff E (Haifa/IL)	
10:30 - 10:45	Positive “framing” as a powerful medication for pain: a meta-analysis of randomized trials Howick J (Oxford/UK)	ID 39
10:45 - 11:00	A systematic review of the effects of meditation on empathy, compassion, and pro-social behavior Luberto CM (Boston/US)	ID 48
11:00 - 11:15	Yoga for women diagnosed with breast cancer - a systematic review and meta-analysis Cramer H (Essen/DE)	ID 146
11:15 - 11:30	Hypnotherapy or Transcendental Meditation versus regular relaxation exercises in the treatment of children with primary headaches: a multi-centre, pragmatic, randomized clinical Study Boers I (Driebergen/NL)	ID 307
11:30 - 11:45	Effects of a mindfulness training on perceived stress, self-compassion and empathy of primary care physicians: a quantitative and qualitative analysis Tjaden B (Zeist/NL)	ID 407
11:45 - 12:00	A randomized controlled trial comparing meditation, yoga and stress education interventions: neuroimaging and psychosocial outcomes Denninger J (Boston/US)	ID 425

10:30 - 12:00
Salon 1
Workshop
Infiltration techniques in the management of musculoskeletal disorders (Heel)
Chair: Brinkhaus B (Berlin/DE)

10:30 - 10:40
Welcome and introduction
Brinkhaus B (Berlin/DE)

10:40 - 11:00
Common muscle tears in sports
Decorte T (Sint-Andries/BE)

11:00 - 11:20
Low back pain
Kersschot J (Boom/BE)

11:20 - 11:40
Osteoarthritis of the knee
Decorte T (Sint-Andries/BE)

11:40 - 12:00
Whiplash
Kersschot J (Boom/BE)

10:30 - 12:00
Salon 2
Discussion
Statutory regulation of traditional and complementary medicine professionals: operationalizing the World Health Organization guidelines
Chair: Boon H (Toronto/CA), Falkenberg T (Stockholm/SE)

In its 2014 Traditional Medicine Strategy, the World Health Organization called upon states to regulate practitioners of traditional, complementary and alternative medicine (TCAM) across the globe, in order to enhance 'quality, safety and efficacy' of, and to increase public 'access to' TCAM care. While the number of jurisdictions implementing such regulations continues to grow, critical scholarship on how policy-makers may navigate the particular complexities of TCAM professionalization has to date been scant. Such complexities include: epistemic and cultural considerations; the protection of traditional knowledge / intellectual property; integration into state-funded health care systems; the standardization of diverse non-biomedical knowledges; the increased biomedicalization of TCAM practices; and the diasporic globalization of indigenous health care approaches. This panel-discussion based session, proposed at 90 minutes in length, will critically interrogate the ways in which TCAM professional regulation has been implemented in jurisdictions across several continents, aiming to produce synthetic insights to help regulators navigate TCAM professional regulation and avoid common policy pitfalls while maximally achieving the WHO's articulated aims. Panelists will speak for 10 - 15 minutes each, followed by a guided discussion geared to articulating practical recommendations.

The objectives of this session include to:

1. Discuss the complex issue of regulation of TCAM noting similarities and differences around the globe.
2. Identify unique challenges related to regulation of traditional systems of medicine.
3. Propose approaches to regulation of TCAM that respect their diversity and unique approaches to health and healing.
4. Share experiences from around the world to facilitate appropriate regulation of TCAM.

Panelists will speak for 10 - 15 minutes each, followed by a guided discussion geared to articulating practical recommendations.

Panelists:

- Ijaz N (Toronto/CA)
- Wardle J (Ultimo/AU)
- Chung V (Hong Kong, CN)
- Almeida J (Egham/UK)

10:30 - 12:00
Salon 3

Symposium

Performing arts medicine

Chair: Brodsky M (Stamford/US), Hanser S (Boston/US)

Preventing injuries and restoring resiliency in musicians
Brodsky M (Stamford/US), Zalpour C (Osnabrück/DE)

10:30 - 12:00
Salon 4

Symposium

Effects of Integrative Medicine on purinergic signalling and on the autonomous nervous system – implications for the treatment of anxiety and pain (Deutsche Ärztesgesellschaft f. Akupunktur e.V.)

Chair: Stör W (Icking/DE), Irnich D (Munich/DE)

10:30 - 10:50

Purinergic signalling in nociception and inflammation and its role in acupuncture
Burnstock G (London/UK)

10:50 - 11:10

The autonomous nervous system as a target for Integrative Medicine
Schaible HG (Jena/DE)

11:10 - 11:30

Multimodal treatment of chronic pain – How can we achieve long term effects and who benefits most?
Irnich D (Munich/DE)

11:30 - 11:50

Treatment of anxiety disorders by Traditional Chinese Medicine and supportive psychotherapy
Ots T (Graz/AT)

11:50 - 12:00

Conclusion

10:30 - 12:00
Salon 5
Symposium
Update on integrative pediatrics
Chair: Von Rosenstiel I (Arnhem/NL), Längler A (Herdecke/DE)

10:30 - 10:40
Introduction
Von Rosenstiel I (Arnhem/NL)

10:40 - 11:00
Chronic headache
Anheyer M (Essen/DE)

11:00 - 11:20
Upper airway infection
Amarell C (Landshut/DE)

11:20 - 11:45
Functional abdominal pain
Eckert D (Landshut/DE), Ogal M (Brunnen/CH)

11:45 - 12:00
Discussion
Von Rosenstiel I (Arnhem/NL)

10:30 - 12:00
Salon 6
Workshop
Understanding and learning the skills to manage stress in hospital Residents and Medical Faculty
Chairs/Speakers: Lumpkin M (Washington,DC/US), Ratner E (Olney, MD/US)

Objectives:

1. To understand the physiology and pathophysiology of stress and burnout in hospital residents and medical/healthcare faculty.
2. To learn how to construct a Mind-Body/Wellness/Resilience program for hospital residents and faculty.
3. To actively participate in experiential learning exercises used to teach mind-body medicine skills for increasing the capacity for self-care and stress management.

10:30 - 10:35
Introduction and goals

10:35 - 10:55
Physiology and pathophysiology of stress

10:55 - 11:10
Guided imagery experiential

11:10 - 11:25
Constructing a program for residents and faculty to address stress and burnout

11:25 - 11:50
Experiential session with meditation and biofeedback with monitoring device

11:50 - 12:00
Processing and discussion

10:30 - 12:00
Salon 7
Students/Young Doctors
Comparing medical student Integrative Medicine curricula from around the world
Chair: Binstock M (Berkeley/US)

This event will explore the various Integrative Medicine curricula available to undergraduate medical students in different countries. Our panel will have medical student representatives from a diverse array of countries. They will share the student experience of Integrative Medicine education, including, but not limited to accessibility, topics, and curriculum design. We will compare and contrast programs from different countries and explore facilitators and barriers to undergraduate medical student learning and practice of Integrative Medicine. Ample time will be left for additional perspectives from other students in the audience as well as questions. The purpose of this session is to give students and educators additional insight, inspiration, and ideas of how to improve Integrative Medicine education for their country's undergraduate medical student. This workshop is meant for students, educators, practitioners, and researchers.

10:30 - 12:00

Dachsalon

Symposium

Kampo medicine (traditional Japanese medicine) for cancer care under integrated universal health care coverage in Japan

Chair: Ogawa K (Kanazawa/JP), Watanabe K (Kanagawa/JP)

10:30 - 10:45

Kampo Medicine (Traditional Japanese Medicine) for cancer care under integrated universal health care coverage in Japan

Ogawa K (Kanazawa/JP)

10:45 - 11:00

Chemotherapy Support Team (CST) and Kampo

Motoo Y (Uchinada, Ishikawa/JP)

11:00 - 11:15

Kampo case reporting in the era of evidence-based medicine

Junsuke A (Kanazawa/JP)

11:15 - 11:30

Two cases of cancer in which Kampo medicines were dramatically effective for palliative care

Mosaburo K (Fukuoka/JP)

11:30 - 11:45

Chronological analysis for integrative cancer patient care

Denichiro Y (Matsuyama/JP)

11:45 - 12:00

Kampo case reporting in the era of evidence-based medicine

Masao G (Uchinada, Ishikawa/JP)

10:30 - 12:00

Dorotheensaal

Symposium

Anthroposophic medicine: integrative oncology - concept, research and clinical practice (DAMiD e.V., Anthroposophic Society)

Chair: Schad F (Berlin/DE), Kröz M (Berlin/DE)

Concept and clinical practice of integrative oncology in anthroposophic medicine

Schläppi M (St. Gallen/CH)

Health service research in the certified oncological centre Havelhöhe, Berlin and mistletoe treatment in patients with advanced pancreatic cancer Schad F (Berlin/DE)
A multimodal treatment concept in breast cancer patients with chronic cancer fatigue: facts and perspectives Kröz M (Berlin/DE)
Spiritual needs in oncological patients. Research and approaches in anthroposophic medicine Büssing A (Herdecke/DE)
Integrating anthroposophic treatment procedures and research in an oncology department at the University of Haifa Bar-Sela G (Haifa/IL)

12:00 - 13:00

Guided Poster Session

Research pain/musculoskeletal diseases 1 (Research I/1)

Chair: Adam D (Berlin/DE), Cramer H (Essen/DE)

ID 2	An exploratory study of scrambler therapy for fibromyalgia pain Vincent A (Rochester/US)
ID 12	A systematic review and meta-analysis of mindfulness-based stress reduction for treating low back pain Anheyer D (Essen/DE)
ID 35	Social interactions and support attenuate pain-induced affective responses Zhang R (Baltimore/US)
ID 43	Randomized clinical trial to treat patients with chronic back pain: a comparison of the efficacy of yoga, eurythmy therapy and standard physiotherapy Büssing A (Herdecke/DE)
ID 47	Validation of the affected body image questionnaire in persons with limb amputations - not satisfaction with themselves and their appearance was of relevance but dissatisfaction with living circumstances Büssing A (Herdecke/DE)
ID 103	Efficacy of ointment containing comfrey and propolis in the treatment of mild acute sports injuries Miskulin I (Osijek/HR)
ID 131	Studying relations between acupuncture source (Yuan) points reaction and subjective conditions of chronic pain patients at Kampo medicine outpatient clinic by multiple logistic regression analysis Takamura M (Tsu/JP)

ID 140	Predictors of arthritis management amongst older Chinese people in a nationally representative survey Peng W (Sydney/AU)
ID 148	Exploring change processes in acupuncture for back pain: a qualitative thematic analysis Bishop F (Southampton/UK)
ID 158	Mindfulness for the management of pain in musculoskeletal disorders: a feasibility and preliminary efficacy study with nursing workers in a public university hospital in Brazil Lopez S (São Paulo/BR)
ID 173	Traditional Chinese medicine use amongst people with arthritis: reports from nationally representative sample of Australian women Yang LU (Ultimo/AU)
ID 182	Acupuncture for osteoarthritis of the knee: a systematic overview Trifunovic-König M (Essen/DE)
ID 192	Intentional touch for elderly people with chronic pain - a qualitative study Stöckigt B (Berlin/DE)
ID 504	Non-specific mechanisms in orthodox and complementary/alternative management of back pain: recruitment rates and baseline data Bishop F (Southampton/UK)

12:00 - 13:00	Guided Poster Session Research pain/musculoskeletal diseases 2 (Research I/2) Chair: Lauche R (Ultimo/AU), Stange R (Berlin/DE)
ID 212	Evaluation of acupuncture-induced relief of hand pain in rheumatoid arthritis by a new device for pressure algometry Seca S (Heidelberg/DE)
ID 234	Qigong or yoga versus no intervention in older adults with chronic low back pain – a randomized controlled trial Knilli J (Berlin/DE)
ID 240	RegentK and physiotherapy improve knee function after anterior cruciate ligament rupture without surgery after 1 year– a randomised controlled trial Walach H (Poznan/PL)
ID 247	Osteopathy in professional musicians with chronic neck pain – design and methodology of a randomized controlled trial Rotter G (Berlin/DE)
ID 302	Spinal manipulation and exercise for adolescent low back pain Bronfort G (Minneapolis/US)

ID 315	Chilean National Health Survey 2010-2011: chronic pain in adults and the use of complementary and alternative therapies (CAM) Bedregal P (Santiago/CL)
ID 363	Care-Ally Assisted Massage Training and application to address chronic neck pain in US veterans: a 4-year clinical trial Munk N (Indianapolis/US)
ID 386	Use of complementary and alternative medicine among patients attending spine specialty hospitals in South Korea Kim WH (Seoul/KR)
ID 402	Virtual reality environments for supporting mindfulness based healing of low back pain Keffe D (Minneapolis/US)
ID 452	Evaluation of cardiovascular risk associated with SKI306X use in patients with osteoarthritis and rheumatoid arthritis Woo Y (Seoul/KR)
ID 453	Clinical effectiveness of osteopathic treatment in chronic migraine: 3-armed randomized controlled trial Cerritelli F (Pescara/IT)
ID 479	Effects of Hyeolbuchugeo-tang on osteoclast differentiation and bone resorption Yoo J-E (Daejeon/KR)
ID 508	The lower extremity contributions of the vertical support during Tai Chi Liu W (Auburn/US)
ID 534	The herbal formula Galgeun-tang (Gegen-decoction) versus western medicine for treating cervical spondylosis : a systematic review of randomized clinical trials Lee JW (Goyang/KR)

12:00 - 13:00

Guided Poster Session

Research Cancer 1 (Research II/I)

Chair: Schad F (Berlin/DE), D'Alessandro E (São Paulo/BR)

ID 9	Total lymphocyte count in cancer patients with lymphopenia treated with intravenous vitamin C: results of an observational study Rodríguez Veintimilla D (Guayaquil/EC)
ID 11	Caring hand massage: an intervention for cancer patients undergoing chemotherapy - a pilot study Wahner-Roedler D (Rochester/US)
ID 22	Exploring breast cancer survivors' use of the internet to find information on complementary medicine Holmes M (Southampton/UK)

ID 34	Randomised trial assessing B vitamins in the prevention of chemotherapy-induced peripheral neuropathy Schloss J (Fortitude Valley Brisbane/AU)
ID 53	Mobile app-based mindfulness intervention for cancer patients and their caregivers – a feasibility study within an integrated health care delivery system Kubo A (Oakland/US)
ID 64	Mindfulness-based stress reduction for women with breast cancer: an updated systematic review and meta-analysis Haller H (Essen/DE)
ID 85	Mind-body medicine and lifestyle modification in supportive cancer care: a cohort study on a day care clinic program for cancer patients Jeitler M (Berlin/DE)
ID 86	The role of yoga and self-esteem for menopausal symptoms and quality of life in breast cancer survivors – a mediation analysis Koch AK (Essen/DE)
ID 87	Addressing training needs of general practitioners working with cancer patients - trial protocol Engler J (Frankfurt/DE)
ID 127	Danish cancer patients' experiences with alternative treatment Can patient experiences challenge biomedical measurements of treatment effects? Vogelius MM (Copenhagen/DK)
ID 268	Oncogenetic key signal RANTES/CCL5 - "Cytokine cross talk" in tumors and silent inflammation of jawbone Lechner J (Munich/DE)
ID 273	The MOVA Study: mindfulness meditation for recurrent ovarian cancer Watts S (Southampton/UK)
ID 305	An in vitro study aimed at evaluating potential interactions between Cannabis extracts and anticancer drugs in human colon cancer cells Maggini V (Florence/IT)
ID 334	Tumor-vaccination with oncothermia Szasz O (Budaors/HU)

12:00 - 13:00 Guided Poster Session Research Cancer 2 (Research II/2)

Chair: Barth J (Zurich/CH), Sundberg T (Stockholm/SE)

ID 335	Manipulation discrepancies between senior and junior acupuncturists for Chemotherapy Induced Nausea and Vomiting (CINV) Xia R (Beijing/CN)
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ID 354	Tumor destructive and immune response effect of modulated electro-hyperthermia Kiss E (Budapest/HU)
ID 356	The effects of modulated electro-hyperthermia on hepatocellular carcinoma in in vitro and in vivo models Füleki L (Budapest/HU)
ID 368	Health related quality of life of breast cancer patients receiving non-pharmacological interventions within a multimodal integrative concept of a certified breast cancer centre Thronicke A (Berlin/DE)
ID 387	Establishing integrative care for children with cancer - challenges in evaluation Stritter W (Berlin/DE)
ID 391	Impact of a multimodal treatment on the actigraphically measured activity pattern in breast cancer patients with cancer related fatigue Zerm R (Berlin/DE)
ID 408	Predictors of response to self-administered acupressure for persistent cancer-related fatigue in breast cancer survivors Zick S (Ann Arbor/US)
ID 413	Phase II clinical trial on efficacy and safety of additive mistletoe extract therapy in combination with standard radiotherapy and chemotherapy in patients with newly diagnosed glioblastoma after surgical resection (GLIOMIS-trial) - a trial protocol Kienle G (Freiburg/DE)
ID 416	Mistletoe therapy in primary and recurrent inoperable pancreatic cancer a phase III prospective, randomized, double blind, multicenter, parallel group, placebo controlled clinical trial on overall survival (MISTRAL) - a trial protocol Wode K (Stockholm Gotland/SE)
ID 451	Analysis of clinical characteristics and treatments in geriatric cancer patients hospitalized in Korean medicine hospital Lee JY (Seoul/KR)
ID 474	Effect of Lignum Sappan compatibility with Radix Aconiti Lateralis Praeparata on growth and metastasis of Lewis lung cancer Tian T (Beijing/CN)
ID 481	Mapping Australian integrative oncology services, unmet needs and obstacles to service provision Hunter J (Penrith/AU)

ID 505	Cancer therapy with mistletoe extracts. Short overview of 100 year experiences and recent clinical results Tröger W (Arlesheim/CH)
ID 512	Parents' perceptions of an integrative approach to pediatric oncology treatments: a qualitative study at a University Hospital Lüer S (Bern/CH)

12:00 - 13:00	Guided Poster Session Research gastroenterologic diseases (Research V) Chair: Langhorst J (Essen/DE), Matthes H (Berlin/DE)
ID 8	Cuprum aceticum as a new treatment in ascites therapy - a case report Von Rath U (Lübeck/DE)
ID 32	Sense of responsibility for the health and anxiety in patients with irritable bowel syndrome in context of selected dietary restrictions Jaworski M (Warsaw/PL)
ID 61	Acupuncture and related therapies used as add-on or alternative to prokinetics for functional dyspepsia: overview of systematic reviews and network meta-analysis Ho RST (Hongkong/HK)
ID 84	Herbal medicine in the treatment of irritable bowel syndrome - a systematic review Koch AK (Essen/DE)
ID 122	Treatment of patients with digestive disorders with Gentiana Magen Globuli velati (GMGv) - results from a non-interventional study Felenda J (Bad Boll/ Eckwälden/DE)
ID 157	Randomized controlled pilot study on the effectiveness and tolerance of mild whole body hyperthermia for patients with irritable bowel syndrome Sachse C (Berlin/DE)
ID 231	Exploring diet-related factors associated with gastrointestinal heat retention syndrome in children: a cross-sectional study Dong F (Beijing/CN)
ID 241	The effects of high calorie and protein diet on the intestinal microbiome of Kunming mice Zhen J (Beijing/CN)
ID 242	Massage therapy for pediatric acute diarrhea: a systematic review and meta-analysis Lu T (Guangzhou/CN)

ID 286	The structure of the intestinal microbiome in different gender Kunming mice Zhen J (Beijing/CN)
ID 373	Adenosine receptors in inflammation on rat gastrointestinal preparations. Are they involved in the anti-inflammatory action of the herbal drug STW 5 (Iberogast®)? Nieber K (Leipzig/DE)
ID 559	Establishing naturopathic dietary interventions for irritable bowel syndrome: an e-Delphi protocol Cooley K (Toronto/CA, Sydney/AU)
12:00 - 13:00	Guided Poster Session Research neurologic/pulmonary/ infectious diseases (Research VI/ VIII/X) Chair: Dragan S (Timisoara/RO), Linde K (Munich/DE)
ID 13	Systematic review and meta-analysis of herbal medicine in children with respiratory tract infection Anheyer D (Essen/DE)
ID 16	Equipment-based movement therapy in stroke rehabilitation Brands-Guendling N (Bad Camberg/DE)
ID 129	Acupoint stimulation in treating oculomotor palsy due sinusitis: a single case study Raak C (Witten/Herdecke/DE)
ID 180	Tai Chi's impact on motor and non-motor outcomes in Parkinson disease: a systematic review and meta-analysis Song R (Daejeon/KR)
ID 193	Preliminary findings from an active surveillance reporting system among spinal manipulative therapy providers Funabashi M (Edmonton/CA)
ID 196	Tai Chi for reducing dual task gait variability, a potential mediator of fall risk, in individuals with Parkinson's disease: a pilot randomized controlled trial Wayne P (Boston MA/US)
ID 213	Yinlai decoction influences on mucosal immunity of mice with dyspepsia combined with FM1 influenza virus infection Li X (Beijing/CN)
ID 230	Exploring association between gastrointestinal heat retention syndrome and pneumonia in children: a prospective cohort study Dong F (Beijing/CN)

ID 233	Exploring the mechanisms of Yinlai decoction intervening the mice model of FIM virus infected compound with high-fat and protein-diet Wang S (Beijing/CN)
ID 342	Althaea officinalis cough preparations: data from two independent consumer surveys underlining efficacy and tolerability for the treatment of irritative cough Fink C (Darmstadt/DE)
ID 343	Chinese herbal medicine for patients living with HIV in Guangxi province, China: registered database analysis Sun J (Beijing/CN)
ID 347	Biotechnological approaches for studying the interaction between endophytic bacteria and Echinacea spp. Bogani P (Sesto Fiorentino, Florence/IT)
ID 382	Use of complementary and alternative medicine during a outbreak of MERS among community people Cho HJ (Seoul/KR)
ID 549	Observational studies of homeopathy for respiratory and ENT complaints show better evolution and less use of drugs: a review Diaz-Saez G (Madrid/ES)

12:00 - 13:00

Guided Poster Session

Research gynaecologic/urologic diseases (Research XII)

Chair: Cardini F (Verona/IT), Berghöfer A (Berlin/DE)

ID 28	The RUTI trial: a multi-centred, 16 week, randomised, double blind, placebo controlled, feasibility study of Chinese herbal medicine (CHM) for women with Recurrent Urinary Tract Infections (RUTIs) Flower A (Southampton/UK)
ID 41	Relevance and acceptance of naturopathic and complementary medicine in women suffering from endometriosis Grzanna N (Idstein/DE)
ID 55	Postpartum outcomes and mindfulness practice in Mindfulness-Based Cognitive Therapy for perinatal women Luberto CM (Boston/US)
ID 57	An international pragmatic, randomised controlled pilot study comparing individualised homeopathic add-on treatment and usual care only in women with premenstrual disorders (PMD) Klein-Laansma CT (Driebergen/NL)
ID 107	Chinese herbal therapy compared with cryotherapy in the treatment of chronic cervicitis and cervical erosion: a randomized controlled trial Azizi H (Mashhad/IR)

ID 109	Expectancy did not predict treatment response in a randomised sham-controlled trial of acupuncture for menopausal hot flushes Ee C (Sydney/AU)
ID 142	Providing maternity care in a silo: experiences of complementary medicine practitioners in Australia Diezel H (Brisbane, Sydney/AU)
ID 185	Acupuncture as a complementary technique in assisted reproduction patients in an Integrative way: the results from 6 years' experience Giralte Sampedro I (Barcelona/ES)
ID 297	Acupuncture-enhanced psychotherapy for painful endometriosis: the role of anxiety and the anterior hippocampus Beissner F (Hannover/DE)
ID 455	Tolerance and effect of a prophylactic treatment with a cough medicine containing ivy leaves dry extract in children with recurrent wheezy bronchitis Reichelt U (Dresden/DE)
ID 471	Differences in the tongue features of primary dysmenorrhea patients and controls Kim J (Daejeon/KR)
ID 484	Explain the perception and experience of infertile women undergoing IVF / ICSI from acupressure: a qualitative Study Khadvizadeh T (Mashhad/IR)
ID 529	Dengzhan Shengmai capsule as adjunctive treatment for ischemic stroke: a systematic review and meta-analysis of randomized clinical trials Xiao-ying Y (Beijing/CN)
ID 537	Analysis of the luteal phase on PMS patients' anger feeling based on an emotion-inducing experiment: an EEG study Wu H (Beijing/CN)

12:00 - 13:00

Guided Poster Session

Clinical Care cancer/other diseases 1 (Clinical Care II/V/1)

Chair: Schiff E (Haifa/IL), Schlaeppli M (St. Gallen/CH)

ID 33	Integrated approach: complementary medicine, exercise, and nutritional program at Fondazione Salvatore Maugeri (FSM) - Pavia Bocci C (Pavia/IT)
ID 44	Thriving after cancer: the role of complementary and Integrative Medicine in cancer survivorship Schloss J (Fortitude Valley/AU)

ID 68	The role of comorbidities in the challenge of integrated cares in chronic diseases at the Hospital Centre of Integrated Medicine- Pitigliano , Italy Ferreri R (Grosseto/IT)
ID 71	Development of a mobile application in conjunction with a web service for personal health records regarding atopic dermatitis Yun Y (Seoul/KR)
ID 94	Stress reduction by listening to Indian classical music during gastroscopy Kotwal MR (Gangtok/IN)
ID 96	Stress reduction by relaxation in Shavasan yogic posture (corpse position) during upper gastrointestinal endoscopy Kotwal MR (Gangtok/IN)
ID 144	Acceptance, satisfaction and cost during the pilot phase of an integrative pediatric program in a Swiss teaching hospital von Schoen-Angerer T (Fribourg, Filderstadt/CH, DE)
ID 228	Analysis on medical assistance during international sports event - focus on traditional Korean medicine Kim KH (Seoul/KR)
ID 249	Complementary and Integrative Medicine in nursing homes - effects on caregivers in a prospective, exploratory, comparative, two-armed cohort study Ortiz M (Berlin/DE)
ID 256	Safety of the patient and clinical risk management in complementary medicine: clinical audit and Failure Modes and Effects Analysis (FMEA) Rossi E (Florence/IT)
ID 263	Complementary medicine in oncology: a multicenter retrospective study on 1928 patients with cancer in the region of Tuscan (Italy) Rossi E (Florence/IT)
ID 454	The experience of a pet therapy visit on patients in an acute care setting Coakley A (Boston/US)

12:00 - 13:00

Guided Poster Session

Clinical Care cancer/other diseases 2 (Clinical Care II/V/2)

Chair: Dusek JA (Minneapolis/US), Wu D (Guangzhou/CN)

ID 264	Women and complementary medicine: the experience of the homeopathic clinic for women in a public hospital Rossi E (Florence/IT)
ID 271	Acupuncture for frostbite sequel Norheim AJ (Tromsø/NO)

ID 275	Establishing a concept of integrative care in a pediatric oncology unit of University hospital - challenges and changes Rutert B (Berlin/DE)
ID 291	Adverse reactions and interactions of herbal medicine with anticancer therapy: a review of the literature and recommendations Firenzuoli F (Florence/IT)
ID 313	Case report of an intervention by medical painting therapy "Methodology Liane Collot d'Herbois" - a therapeutic process of anthroposophical medicine Winnubst ME (São Paulo/Brazil)
ID 336	Massage therapy improves psychological state and cognitive function in breast cancer patients undergoing chemotherapy treatment Diaz Rodriguez L (Granada/ES)
ID 340	Results from a study of CAM centres across the UK and Europe Croke S (Leeds/US)
ID 348	Development of an Integrated Chinese-Western Medicine (ICWM) model - practical experience of ICWM pilot program in Hong Kong public hospitals for in patients Ziea E (Hongkong/HK)
ID 351	Establishing an Integrated Chinese-Western Medicine care model for in-patient through a pilot program in Hong Kong - practical experience for quality assurance Hui H (Hongkong/HK)
ID 352	Are differing risk perceptions related to patients' use of CAM a barrier to doctor-patient communication in comprehensive patient care? Salamonsen A (Tromsø/NO)
ID 358	Quality of life and anise oil; a promising effect based on traditional Persian medicine principles Pasalar M (Shiraz/IR)
ID 359	Difficulties and possibilities in the dialogue about alternative cancer treatments: patients' and oncologists' views Hellsing R (Stockholm/SE)

12:00 - 13:00

Guided Poster Session

Clinical Care cancer/other diseases 3 (Clinical Care II/V/3)

Chair: Teut M (Berlin/DE), Jong M (Sundsvall/SE)

ID 374	Application pattern of non-pharmacological interventions in breast cancer patients in a multimodal integrative oncology setting Schad F (Berlin/DE)
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ID 401	A feasibility study of acupuncture to improve quality of life and fatigue in cancer patients undergoing radiotherapy treatment (ART) Fisher P (London/UK)
ID 406	Complementary medicine used for treatment of children during a mother-child health retreat severely influences their mothers' preference of treatment methods for their children Kraft K (Rostock/DE)
ID 410	Individualized integrative cancer care in anthroposophic medicine: a qualitative study of the concepts and procedures of expert doctors Kienle G (Freiburg/DE)
ID 415	Identifying the homeopathic simillimum: rubrics and the inner knowledge of the patient Schlingensiepen I (Berlin/DE)
ID 442	Partnership for implementing integrative health and medicine on pediatric oncology: development of a nursing care program based on anthroposophic therapy and support for the pediatric hospital in Berlin and São Paulo Ghelman R (São Paulo/BR)
ID 450	Complementary medicine inputs in a patient with non-small cell lung cancer stage IV Von Hörsten I (Santiago de Chile/CL)
ID 480	Benefits of integrated therapy for patients operated for breast cancer Bonucci M (Rom/IT)
ID 499	Possibility of cure and prevention of radiation therapy injury Bocci C (Pavia/IT)
ID 509	Increasing the survival of pancreatic cancers by Chinese herbal medicine Wong W (Hongkong/HK)
ID 520	Reinforcing healthy-qi therapy (spleen-invigorating and kidney-tonifying therapy) in the treatment of postoperative relapse of colorectal cancer: a cohort study Xia W (Beijing/CN)

13:00 - 14:00
Saal II, Foyer

Lunch Break

13:00 - 14:30
Saal A-B

Lunch Symposium

The anthroposophical-medical approach to the treatment of insomnia, other stress-related complaints and ADHS (Weleda)

Chair: Amendola A (Arlesheim/CH), Co-Chair: Matthes H (Berlin/DE)

13:00 - 13:30	Lecture 1: Insomnia and stress – an overview from pathophysiology to therapy of chronic insomnia Kröz M (Berlin/DE)
13:30 - 14:00	Lecture 2: ADHD – an overview from pathophysiology to therapy Martin DD (Tübingen, Filderstadt/DE)
14:00 - 14:30	Lecture 3: Anthroposophic multimodal treatment in sleep disorders and stress Matthes H (Berlin/DE)

13:00 - 14:00 Salon 1	Board Meeting EUJIM Editor in Chief Kathi Kemper and Publisher Virginia Prada Lopez welcome all Editorial Board Members for Complementary Therapies in Medicine affairs discussion
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14:30 - 16:00 Saal A-B	Symposium Integrative gastroenterology Chair: Langhorst J (Essen/DE), Mayer EA (Los Angeles/US)
14:30 - 14:55	Integrative Western and Chinese Medicine in digestive diseases Wu J (Hong Kong/CN)
14:55 - 15:20	Faecal microbiota transfer in digestive diseases Langhorst J (Essen/DE)
15:20 - 15:45	Mind-Gut connection: how is this relevant to our microbiome? Mayer EA (Los Angeles/US)
15:45 - 16:00	Discussion and conclusion

14:30 - 16:00 Saal C	Oral Abstract Presentations Research III (Complex interventions) Chair: Liu JP (Beijing/CN), Saper R (Boston/US)	
14:30 - 14:45	Impact of acupuncture on medication use in patients suffering seasonal allergic rhinitis - results of the ACUSAR trial Adam D (Berlin/DE)	ID 49
14:45 - 15:00	Acupuncture and related therapies for treating Irritable Bowel Syndrome: overview of systematic reviews and network meta-analysis Chung VCH (Shatin/HK)	ID 58
15:00 - 15:15	Osteopathic treatment in addition to medical standard therapy in patients with Gastroesophageal Reflux Disease (GERD). A randomized controlled trial Rütz M (Gauting/DE)	ID 167

15:15 - 15:30	Cupping in chronic low back pain - a randomized three-armed partly-blinded clinical trial Brinkhaus B (Berlin/DE)	ID 239
15:30 - 15:45	Effectiveness of leech therapy in treatment of chronic low back pain - a randomized controlled clinical study Hohmann C-D (Berlin/DE)	ID 257
15:45 - 16:00	The potential of video analysis for recognising ergotropic and trophotropic phases of patients during music and occupational therapy Wenzel C (Krems an der Donau/AT)	ID 341

14:30 - 16:00 Salon 1	Discussion Developing a critical enquiry and critical thinking framework for complementary and Integrative Medicine Chair: Steel A (Melbourne/AU), Rangitakatu M (Melbourne/AU)	
14:30 - 14:50	The need for critical thinking in complementary medicine education: outcomes from an international qualitative research project Steel A (Melbourne/AU)	
14:50 - 15:10	Engendering critical thinking skills in students of complementary medicine education: a case study from the classroom Bugarcic A (Brisbane/AU)	
15:10 - 15:30	The role of reflectivity in critical enquiry and practitioner competence Rangitakatu M (Melbourne/AU)	
15:30 - 16:00	Discussion	

14:30 - 16:00 Salon 2	Symposium Globalization of traditional healing systems Chair: Watanabe K (Fujisawa/JP), Weeks J (Seattle/US)	
14:30 - 14:50	Global situation and future direction of traditional medicine Zhang Q (Geneva/CH)	
14:50 - 15:10	ICD revision and traditional medicine classification Kostanjsek N (Geneva/CH)	
15:10 - 15:30	Lessons from the development of international classification of traditional medicine Watanabe K (Fujisawa/JP)	
15:30 - 15:50	Traditional healing systems in Arab countries : current situation and the future AlBedah A (Riyadh/SA)	
15:50 - 16:00	Closing remarks Watanabe K (Fujisawa/JP)	

14:30 - 16:00

Salon 3

Workshop

Using art to enhance observation skills and improve patient care and provider communication

Chair: Langley J (Washington, DC/US), Bojner Horwitz E (Stockholm/SE)

Keen observation and communication skills are critical to successful patient care. The ways in which we see, understand and respond to patients and colleagues is complex and often ineffective due to missed cues, distractions and time constraints.

This workshop uses the analysis of images of artworks, active sketching (no previous experience necessary) and expressive writing to help participants improve their skills of careful looking, precise description and direct communication- skills which transfer directly from the classroom to the clinic.

This 90-minutes session will be largely experiential, interactive and discussion-based

Speaker: Langley J (Washington, DC/US)

14:30 - 16:00

Salon 4

Symposium

Ayurveda (Europäische Akademie für Ayurveda)

Chair: Mittwede M (Birstein/DE), Kessler CS (Berlin/DE)

14:30 - 14:50

Ayurvedic management of chronic renal failure – a promising supportive alternative

Gupta SN (Nadiad/IN)

14:50 - 15:10

Current ayurveda research – The German perspective

Kessler CS (Berlin/DE)

15:10 - 15:30

Clinical experiences in inducing of labours with Ayurveda

Kronpass L (Rotthalmünster/DE)

15:30 - 15:50

Microbiom and Ayurveda – research and experiences in the treatment of Parkinson's disease

Nagersheth K (Frankfurt a. M./DE)

15:50 - 16:00

Conclusion

14:30 - 16:00

Salon 5

Meeting

Meeting of the Committee for Integrative Medicine and pluralism of perspectives of the German Association for Medical Education (GMA)

Chair: Tauschel D (Herdecke/DE), Scheffer C (Herdecke/DE)

The aim of the committee meeting is to

- Report and exchange on current developments in Integrative Medicine
- Exchange on and development of courses, with discussion of some models for teaching during undergraduate medical training:
- Real patient study day for Integrative Medicine
- Clinical education wards for Integrative Medicine

Target group: members of the GMA, and all interested educators and students

further information: <https://gesellschaft-medizinische-ausbildung.org/ausschuesse/integrative-mezizin.html>

14:30 - 16:00 Salon 6	Oral Abstract Presentations Education Chair: Chin AL (São Paulo/BR), Kreitzer MJ (Minneapolis/US)	
14:30 - 14:45	Addressing the international acupuncture standards gap for physiotherapists and chiropractors: a comparative review Ijaz N(Toronto/CA)	ID 54
14:45 - 15:00	On behalf of an ethical encounter: the influence of health professionals training on clowning on the quality of health communicational processes Masetti M (São Paulo/BR)	ID 135
15:00 - 15:15	Mind-Body Medicine as a pathway for an improved connection with self and the world around: results from a phenomenological study among medical and nursing students Van Vliet M (Sundsvall/NL)	ID 169
15:15 - 15:30	Graduate Masters of Science degree program in complementary and Integrative Medicine: opportunity to inform, cultivate and develop future healthcare leaders Amri H (Washington/US)	ID 254
15:30 - 15:45	Attitudes and beliefs about evidence-based and Integrative Medicine within the Chinese medicine profession Anderson B (New York/US)	ID 267
15:45 - 16:00	Why do students in German Medical Universities select elective courses on acupuncture and homeopathy? – a survey Jocham A (Munich/DE)	ID 403
14:30 - 16:00 Salon 7	Students/Young Doctors Integrative Medicine online Chair: Holtermann C (Filderstadt/DE)	

How does Integrative Medicine relate to the Internet? How do people interested in integrated medicine network and access information? This workshop will explore these questions using online networking and information tools like Facebook, mailing lists, and Wikipedia as case studies. The focus will be on how we are both affecting the medium and being shaped by the medium. How can we best utilize these resources to effectively communicate with one another? How can we further utilize these tools to address the questions and tasks necessary for Integrative Medicine's development and success in the future?

14:30 - 16:00

Dachsalon

Discussion

The future of collaborative research on Complementary Medicine in Europe

Chair: Weidenhammer W (Munich/DE), Fønnebø VM (Tromsø/NO)

14:30 - 14:45

Introduction, transition from CAMbella collaborative network to ISCMR European chapter

Weidenhammer W (Munich/DE)

14:45 - 15:00

Experiences from the Canadian research network INCAM merged with ISCMR Canadian chapter

Boon H (Toronto/CA)

15:0 - 15:10

Framework for network bulding provided by ISCMR

Fønnebø VM (Tromsø/NO)

15:10 - 15:55

Discussion

ALL

15:55 - 16:00

Closing remarks

Weidenhammer W (Munich/DE), Fønnebø VM (Tromsø/NO)

14:30 - 16:00

Dorotheensaal

Symposium

The current state of research in homeopathy - a comprehensive overview (German Association of Homeopathic Physicians)

Chair: Teut M (Berlin/DE), Behnke J (Essen/DE)

14:30 - 14:35

Introduction

Kruse S (Munich/DE)

14:35 - 14:50

Outcome studies

Teut M (Berlin/DE)

14:50 - 15:05

Health services research

Von Ammon K. (Bern/CH)

15:05 - 15:20

Meta-analyses of RCTs

Behnke J (Essen/DE)

15:20 - 15:35

Basic research

Baumgartner S (Arlesheim/CH)

15:35 - 15:45	Conclusion and outlook Kruse S (Munich/DE)
15:45 - 16:00	Discussion

16:00 - 16:30 Coffee Break and Exhibition
Saal II, Foyer

16:30 - 18:00 Main auditorium	Plenary Session Plenary session III: Arts and Medicine Chair: Willich SN (Berlin/DE), Fattorini I (London/UK)
16:30 - 17:00	Healing the community through the arts: Framing and reflections Wong L (Boston, MA/US)
17:00 - 17:30	How do cultural activities influence our health? Theorell T (Stockholm/SE)
17:30 - 17:50	Discussion Willich SN (Berlin/DE)
17:50 - 17:55	Announcement ECIM 2017, Maribor, Slovenia Angleitner Sagadin T (Maribor/SI)
17:55 - 18:00	Announcement ISCMR 2018, Baltimore, US Saper R (Boston, MA/US)

19:00	Social Evening
	Wasserwerk Berlin 10713 Berlin Hohenzollerndamm 208 Tel: 030-88 91 07 83 info@wasserwerk-berlin.de
	Tickets are available at the registration desk. There will be a shuttle service from the congress venue to the club. The price for the evening including shuttle service and buffet is 60,00€. People who have already booked this evening will receive their ticket at the beginning of the congress at the registration desk. The event is kindly co-funded by Dr. Willmar Schwabe Pharmaceuticals.

07:30 - 08:30
Salon 5

ISCMR BOD Meeting

This meeting is for the ISCMR Board of Directors, the ISCMR Advisory Board, and their invited guests

07:30 - 08:30
Salon 7

European Society of Integrative Medicine (ESIM e. V.) Member meeting
Chair: Willich SN (Berlin/DE)

08:30 - 10:00
Main auditorium

Plenary Session

Plenary session IV: Clinical Care

Chair: Teut M (Berlin/DE), Berman B (Baltimore/US)

08:30 - 09:00

Integrating CAM into Hospital Care: Prospectives from China
Wu D (Guangzhou/CN)

09:00 - 09:30

Integrating complementary and integrative health therapies into US hospitals - the role of practice based research in guiding the field
Dusek JA (Minneapolis/US)

09:30 - 10:00

Discussion
Chair: Teut M (Berlin/DE)

10:00 - 10:30
Saal II, Foyer

Coffee Break and Exhibition

10:30 - 12:00
Saal A-B

Symposium

Advancing the science and care of integrative oncology around the world

Chair: Mao J (New York/US), Witt C (Zurich/CH)

10:30-10:45

The birth and growth of Integrative Oncology in US
Mao J (New York/US)

10:45-11:00

Integrative Oncology in Europe
Dobos G (Essen/DE)

11:00-11:15

Integrative Oncology in China
Yang Y (Beijing/CN)

11:15-11:30

SIO clinical guideline on Integrative Oncology for breast cancer survivors
Balneaves L (Toronto/CA)

11:30-11:45

The new definition of Integrative Oncology
Witt C ((Zurich/CH)

11:45-12:00

Panel discussion

10:30 - 12:00 Saal C	Oral Abstract Presentations Late breaker 1 Chair: Steel A (Melbourne/AU), Berghöfer A (Berlin/DE)	
10:30 - 10:45	Acupuncture for patients with multiple sclerosis associated fatigue - a randomized controlled trial Pach D (Berlin/DE)	ID 459
10:45 - 11:00	Patient Perceptions of Group and Individual Acupuncture in an Urban, Underserved, Primary Care Setting Chuang E (Brooklyn/US)	ID 478
11:00 - 11:15	Acupuncture to improve live birth rates for women undergoing IVF: findings from a randomized controlled trial Smith C (Penrith/AU)	ID 490
11:15 - 11:30	Yoga in School Sport - a Non-Randomized Controlled Pilot Study in Germany Including a Qualitative Evaluation Jeitler M (Berlin/DE)	ID 513
11:30 - 11:45	Effects of Yoga versus the low-FODMAP diet on gastrointestinal symptoms and the microbiota in patients with irritable bowel syndrome - a randomized controlled trial Schumann D (Essen/DE)	ID 535
11:45 - 12:00	Epigenetics Alterations Associated with Short-Term Relaxation Response Training in Healthy Subjects Bhasin M (Boston/US)	ID 538

10:30 - 12:00 Salon 1	Symposium Phytotherapy in therapy and prevention: current state of science and regulation and perspectives of future uses Chair: Stange R (Berlin/DE), Kraft K (Rostock/DE)	
10:30 - 11:00	Medicinal herbal drugs versus botanicals - the European position Kraft K (Rostock/DE)	
11:00 - 11:30	Traditional Japanese Phytomedicine - Kampo: Development and optimization of a novel extract preparation against neuronal disorders Kenny Kuchta (Tokyo/JP)	
11:30 - 12:00	Plant derived drug - options as antimicrobial agents? Stange R (Berlin/DE)	

10:30 - 12:00 Salon 2	Workshop The Cochrane risk of bias tool - how to use the updated tool for assessing clinical trial evidence Chair: Wieland LS (Baltimore/US), Roll S (Berlin/DE)	
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10:30 - 11:10	Introduction to the Cochrane review process and how the risk of bias tool is used in Cochrane reviews - description of the components of the updated tool and how each domain of risk of bias is to be assessed Wieland LS (Baltimore/US), Kligler B (Brooklyn/US), Gould-Fogerite S (Newark, NJ/US)
11:10 - 11:30	Hands-on session: the participants will apply the risk of bias tool to an Integrative Medicine trial. Supervision by the Speakers. Wieland LS (Baltimore/US), Kligler B (Brooklyn/US), Gould-Fogerite S (Newark, NJ/US)
11:30 - 11:50	Review of the risk of bias assessments Wieland LS (Baltimore/US), Kligler B (Brooklyn/US), Gould-Fogerite S (Newark, NJ/US)
11:50 - 12:00	Questions and answers

10:30 - 12:00 Salon 3	Symposium Arts Therapies within Anthroposophic Medicine - one essential modul of a holistic medical approach (DAMiD e.V., Anthroposophic Society) Chair: Gruber H (Alfter/Bonn/DE), Rollins J (Washington/US)
10:30 - 10:45	Arts Therapies within Anthroposophic Medicine - one essential module of a holistic medical approach Vagedes J (Tübingen/DE)
10:45 - 11:00	Therapeutic recitation in Anthroposophic Therapeutic Speech: physiological and psychological interactions of respiration, pulse and well-being Von Bonin D (Bern/CH)
11:00 - 11:00	Eurythmy Therapy - Effects observed in clinical studies Büssing A (Herdecke/DE)
11:15 - 11:30	Effectiveness of music therapy on preterms and term newborns - results of randomized, controlled trials Ranger A (Filderstadt-Bonlanden/DE)
11:30 - 12:00	Discussion Gruber H (Alfter/Bonn/DE)

10:30 - 12:00 Salon 4	Symposium Antibiotic resistance - Bridging approaches of integrative and conventional medicine (DAMiD e.V., Anthroposophic Society) Chair: Vagedes J (Filderstadt/DE), Matthes H (Berlin/DE)
10:30 - 10:40	Introduction into the session and moderation of the discussion Vagedes J (Filderstadt/DE)

10:40 - 10:50	The contribution of Complementary & Alternative Medicine prevention and treatment strategies to reducing antibiotic prescription and consumption: a review of concept validity and the evidence of effects Baars EW (Drieberge, Leiden/NL)
10:50 - 11:00	AMR against antiseptics and disinfectants Hartemann P (Luxemburg/LU)
11:00 - 11:10	Fever: Views in Anthroposophic Medicine and their scientific validity Martin DD (Tübingen, Filderstadt/DE)
11:10 - 11:20	The mighty human microbiome: a key to Integrative Medicine? Van der Werf-Kok E (Bristol/UK)
11:20 - 11:30	Treatment of upper respiratory tract infections by anthroposophic and conventional treatment cohorts: a comparison outcome analysis Matthes H (Berlin/DE)
11:30 - 12:00	Discussion Vagedes J (Filderstadt/DE)

10:30 - 12:00 Salon 6	Symposium Promoting development in oneself and others Chair: Scheffer C (Herdecke/DE), Haramati A (Washington, DC/US)
10:30 - 10:45	Principles of mindful leadership and description of how the Mind-Body-Medicine program at Georgetown University School of Medicine has been effective to foster self-care, self awareness and professional identity formation among the faculty Haramati A (Washington, DC/US)
10:45 - 11:00	Successful tools of self-directed learning to promote leadership in self-development Tauschel D (Herdecke/DE)
11:00 - 11:15	Becoming a change agent: fostering student engagement and transformational learning Edelhäuser F (Herdecke/DE)
11:15 - 11:30	„Responsibility drives learning - leadership and self-care during active participation in patient care Scheffer C (Herdecke/DE)
11:30 - 12:00	Discussion

10:30 - 12:00 Salon 7	Students/Young Doctors The existence of Meditation and Spirituality - consequences for Medicine and Medical studies Chair: Martin DD (Tübingen, Filderstadt/DE)
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Many medical students begin their profession with only rudimentary knowledge in the field of inner work, a field that is becoming increasingly important for patients – and for their own burnout prophylaxis. But which possibilities does a modern medical student, willing to broaden his or her spiritual experience, have? The confrontation with Meditation and Spirituality can help to learn what an individual (e.g. the patient) needs in his or her biographical situation for physical, emotional and spiritual health. By emphasizing inner values and increasing empathy and agility, complex personal and social processes can often be better and more holistically managed. Scientific evidence and experience show that health, quality of life and efficacy are promoted in the long term. The general population may expect such competence and corresponding sense of responsibility, especially from those who care for patients and children. Keeping in mind that the theoretical and experiential basis for the positive effect of inner work should be made available to all and have a permanent place in educational curricula, this workshop will provide a space for exchange in the field of Meditation and Spirituality.

10:30 - 12:00
Dachsalon

Symposium

Cupping: Evidence, guidelines and policy

Chair: AlBedah A (Riyadh/SA), Cramer H (Essen/DE)

10:30 - 10:40

Opening and overview of the session

AlBedah A (Riyadh/SA), Cramer H (Essen/DE)

10:40 - 11:00

The Saudi Governmental experience in regulating and integrating wet-cupping in the conventional health care

AlBedah A (Riyadh/SA)

11:00 - 11:20

Cupping therapy in Korean medicine clinical practice guideline

Lee MS (Daejeon/KR)

11:20 - 11:40

A model for evaluating wet cupping evidence and the reality of policy makings

Khalil M (Riyadh/SA)

11:40 - 12:00

Discussion and conclusion

10:30 - 12:00
Dorotheensaal

Integrative Case conference

Attention Deficit Hyperactivity Disorder (ADHD)

Chair: Teut M (Berlin/DE)

A clinical case of a child with ADHD will be presented. Representatives of conventional medicine, Integrative Medicine, homeopathy, ayurveda, chinese medicine and osteopathy will present their understanding of the patient and his disease and their therapeutic approach. The different approaches will be discussed with the participants of the session.

10:30 - 10:40	Introduction and case presentation Teut M (Berlin/DE)
10:40 - 10:50	Perspective Conventional Medicine Längler A (Herdecke/DE)
10:50 - 11:00	Perspective Integrative Medicine Von Rosenstiel Ines (Amsterdam/NL)
11:00 - 11:10	Perspective Homeopathy Von Ammon K (Bern/CH)
11:10 - 11:20	Perspective Chinese medicine Wortman V (Nürnberg/DE)
11:20 - 11:30	Perspective Anthroposophic Medicine Längler A (Herdecke/DE)
11:30 - 11:40	Perspective Osteopathy Cerritelli F (Pescara/IT)
11:40 - 11:50	Speaker Statements
11:50 - 12:00	Discussion and closing remarks

12:00 - 13:00	Guided Poster Session Research circulation diseases 1 (Research III/1) Chair: Jong M (Sundsvall/SE), Suetzi-Klein H (Vienna/AT)
ID 30	Heart rate variability - next step in the development of pulse analysis in traditional medicine and naturopathy Sorokin O (Novosibirsk/RU)
ID 31	Heart rate variability as a predictor of the effectiveness of the Bupleuri radix (saiko) contained in Kampo medicines Kainuma M (Fukuoka/JP)
ID 40	Pressure waveform study of radial artery with heart condition for traditional medical application: using a cardiovascular simulator Lee J-Y (Aachen/DE)
ID 153	The effect of acupuncture on refractory chest pain of patients with patent coronary angiogram: a randomized controlled trial Azizi H (Mashhad/IR)
ID 183	A mixed-method feasibility study evaluating Tai Chi in stroke rehabilitation Song R (Daejeon/KR)
ID 308	Enhancing cardiac balance in high-burden caregivers after a reiki training program Diaz Rodriguez L (Granada/ES)
ID 333	Ketogenic diet for dog with cavernous hemangioma Vale AC (Brazil/BR)

ID 362	Correlations between pulse wave velocity, age, anxiety and depression of cardiologic patients Janik H (Rostock/DE)
ID 371	Prevalence and associations for use of Complementary and Alternative Medicine (CAM) among people diagnosed with, or with a family risk for Coronary Heart Disease (CHD) in the 6th Tromsø Study Kristoffersen AE (Tromsø/NO)

12:00 - 13:00

Guided Poster Session

Research circulation diseases 2 (Research III/2)

Chair: Fisher P (London/UK), Berghöfer A (Berlin/DE)

ID 378	Use of complementary and alternative medicine among hypertension patients in Nepal Shakya A (Seoul/KR)
ID 384	Movements during eurythmy therapy induce cardio-locomotor coherence Edelhäuser F (Herdecke/DE)
ID 444	The impact of eurythmy therapy in heart rate variability: a systematic review Valente AC (São Paulo/BR)
ID 462	Integrative treatment of vascular blockages - CAD, CVA, DVT with SHARP - (Sanjeevan heart attack rehabilitation program) Vaidya S (Pune/IN)
ID 465	Elucidation of molecular mechanism of Pentahydroxy flavone isolated from Madhuca indica J. F. Gmel. Leaves against sodium arsenite-induced cardiotoxicity in rats Mukherjee A (Pune/IN)
ID 472	Chrysin ameliorates pressure overload-induced cardiac hypertrophy in rats via modulation of endogenous biomarkers and oxidative stress Mukherjee A (Pune/IN)
ID 482	Nutritious edible fruits of Solanum indicum act as natural antihypertensive Youssef A (Nasr City/EG)
ID 527	Acupuncture at acupoints may prevent risks of cardiovascular diseases in migraine patients by reversing plasma glutamate and APOB ratio Gao Z (Munich/DE)

12:00 - 13:00

Guided Poster Session

Research endocrinologic diseases/metabolism 1 (Research IX/1)

Chair: Kröz M (Berlin/DE), Hanser S (Boston/US)

ID 67	The efficacy and safety of Chinese herbal medicine Jiang Zhuo formula in metabolic syndrome patients with dyslipidemia: a randomized, placebo-controlled trial Pang B (Beijing/CN)
ID 79	Different intervention strategies for preventing type 2 diabetes mellitus: a systematic review and meta-analysis of controlled trials Pang B (Beijing/CN)
ID 80	Research on a new physiotherapy device as an intervention for Chinese overweight and obese patients: before-after study in the same patients Pang B (Beijing/CN)
ID 81	Prevention of type 2 diabetes mellitus with the traditional Chinese patent medicine: a systematic review and meta-analysis Pang B (Beijing/CN)
ID 88	Investigation and Analysis on the intention of using traditional Chinese medicine in patients with diabetes Huang W (Beijing/CN)
ID 91	Fasting induces global changes in gene expression in patients with metabolic syndrome Steckhan N (Berlin/DE)
ID 108	Evaluation of Chinese herbal medicine Jinlida in type 2 diabetes patients based on stratification: results of subgroup analysis from 12-week trial Tian J (Beijing/CN)
ID 117	Effects of a mind-body intervention on hair cortisol from patients with cardio-metabolic risk Steckhan N (Berlin/DE)
ID 191	An evidence based review on Integrative Medicine in weight control Sahebkhorsani M (Mashhad/IR)
ID 287	The use of natural oils may help reduction of blood sugar level both in diabetes mellitus type 1 and type 2 patients Vesovic D (Belgrade/CS)

12:00 - 13:00

Guided Poster Session

Research endocrinologic diseases/metabolism 2 (Research IX/2)

Chair: Kienle G (Freiburg/DE), Wode K (Stockholm/SE)

ID 288	An integrative approach achieved by concomitant use of classic therapy with natural oils and diet change can help to improve blood glucose level in diabetes mellitus patients Vesovic D (Belgrade/CS)
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ID 292	Cholesterol level in diabetes mellitus patients following two months of treatment by using classic therapy accompanied with natural oils and diet change Vesovic D (Belgrade/CS)
ID 296	Concomitant use of classic therapy with natural oils and diet change can help to improve cholesterol level in diabetes mellitus patients Vesovic D (Belgrade/CS)
ID 299	Quality of life related to condition of carotid blood vessels in diabetes mellitus patients Vesovic D (Belgrade/CS)
ID 300	Quality of life in diabetes mellitus patients of both sexes before and after two months of intervention using natural oils and diet change additional to standard therapy Vesovic D (Belgrade/CS)
ID 330	Chinese herbal medicine Yinzhihuang combined with phototherapy for treating neonatal jaundice: a systematic review of randomized trials Wu H (Beijing/CN)
ID 331	Influence of lifestyle on hypertension, diabetes, and dyslipidemia based on Korea community health survey Cheon C (Seoul/KR)
ID 377	The use of traditional, complementary and alternative medicine (TCAM) among patients with type 2 diabetes mellitus in Yemen Nasr Ali Ahmed M (Seoul/KR)
ID 385	Factors influencing self-care behaviors (Khat use) among type 2 diabetes mellitus patients in Yemen Al-Ahnouny S (Seoul/KR)
ID 426	Research on "symptom-based strategy of dosage selection" of traditional Chinese medicine: an integrated analysis of seven randomized, controlled, multicenter clinical trials about type 2 diabetes Yu X (Beijing/CN)

12:00 - 13:00

Guided Poster Session

Research endocrinologic diseases/metabolism 3 (Research IX/3)

Chair: Briggs J (Bethesda/US), Fønnebo VM (Tromsø/NO)

ID 429	Is an anthroposophic curriculum for children with Typ 1 Diabetes mellitus (T1DM) different from usual care? Berger B (Herdecke/DE)
ID 466	Prolonged fasting in T1DM - case study from patient perspective Berger B (Herdecke/DE)

ID 510	The regulatory effect of Qinlingye extract on TLR4/NFkB/iNOS pathway in kidney of uric acid renal injury rats Liu H (Beijing/CN)
ID 511	Effect of Qinlingye extract on the inflammatory signal pathway of NLRP3/TLR4/NF-kB in HKC cells Meng F (Beijing/CN)
ID 518	Effects of Chinese herbal decoction Qinlingye extract on the expression of NLRP3,Caspase-1,Caspase-3 in renal tissue of rats with uric acid kidney injury Zhang H (Beijing/CN)
ID 519	Effect of Qinlingye extract on PPARy in RAW264.7 cells and HKC cells Wang J (Beijing/CN)
ID 521	Effects of the Qinlingye extraction on PGC-1a and related inflammatory factors in vitro Gu W (Beijing/CN)
ID 522	Effect of Chinese herbal decoction Qinlingye extract on the PGC-1 / RANTES inflammatory metabolic signalling pathway in rats with uric acid-induced renal injury Bu X (Beijing/CN)
ID 523	Effect of Qinlingye extract on the PPARy/IL-18 signaling pathway expression in rats with uric acid kidney injury Zhang J (Beijing/CN)
ID 542	Effect of Chinese herbal decoction Qinlingye extract(qlye) on the foxo3a expression in mice with hyperuricemia renal impairment Ma W (Beijing/CN)

12:00 - 13:00

Guided Poster Session

Research methodology quantitative/experimentell (Research XI/1)

Chair: Baars E (Leiden/NL), Roll S (Berlin/DE)

ID 27	Lessons learned during the Integrative Medical Group Visits (IMGV) Randomized controlled trial for recruiting low-income racial/ ethnic minority research study participants Gardiner P (Boston/US)
ID 152	Assessing everyday resiliency: examination of the current experiences scale Luberto CM (Boston/US)
ID 243	An emerging new paradigm for complementary medicine - generalised entanglement and new experimental support Walach H (Poznan/PL)

ID 251	A multimodal therapy concept for lifestyle optimization in type 2 diabetes - design and methodology of the AIM DIABETES study Zerm R (Berlin/DE)
ID 322	The "USB" (Use - Safety - Benefit) principle as a methodology to integrate patient experiences into the construction of an intervention program using survey data Musial F (Tromsø/NO)
ID 394	Changing Expectation for Acupuncture Treatment (CHEAT) Barth J (Zurich/CH)
ID 400	Identifiability of components of complex interventions Gleiss A (Vienna/AT)
ID 485	Research in complementary and alternative medicine in Finland: a literature review Vuolanto P (Tampere/FI)
ID 530	Blinding, easier said than done: experiences from trials of Chinese herbal medicine He L (Beijing/CN)
ID 532	How to administrate placebo to patients with diabetes in RCTs of Chinese herbal medicine? practicable and ethical issues He L (Beijing/CN)
ID 551	Synopsis of systematic reviews and meta-analyses in homeopathic clinical and basic research Von Ammon K (Bern/CH)

12:00 - 13:00

Guided Poster Session

Research methodology qualitative (Research XI/2)

Chair: Stöckigt B (Berlin/DE), Stritter W (Berlin/DE)

ID 42	The personal is political: influences on GP coping and resilience Cheshire A (London/UK)
ID 77	Meta-analyses of clinical trials in homeopathy: anything left to learn? - protocol for a new approach Gaertner K (Bern/CH)
ID 114	Research on key techniques of clinical evaluation of qi deficiency and blood stasis syndrome based on literature research and expert questionnaire Jin D (Beijing/CN)
ID 160	Validation of the trait autonomic regulation questionnaire in a geriatric population Klaus A-K (Berlin/DE)

ID 332	Methodological issues regarding the development of individualizing whole medical system interventions Baars E (Leiden/NL)
ID 338	Measuring patient-perceived quality of care in Integrative Medicine Koster E (Leiden/NL)
ID 357	Different clinical therapeutic effects due to different practicing: a randomized crossover acupuncture trial Tian X (Beijing/CN)
ID 392	Expectation for Acupuncture Treatment (EAT): scale development and performance Barth J (Zurich/CH)
ID 491	What is the optimum electroacupuncture parameters for relaxation or pain control? Lee J (Seoul/KR)

12:00 - 13:00	Guided Poster Session Research various topics 1 (Research XIII/1) Chair: Ortiz M (Berlin/DE), Hecht R (San Francisco/US)
ID 6	Plasma concentrations of ascorbic acid in a cross section of the German population Hagel A (Erlangen/DE)
ID 10	Evaluation of vitamin blood levels in patients in palliative care Vollbracht C (Idstein/DE)
ID 14	Rhythm-centred music making in community living elderly: a pilot study Yap A (Singapore/SG)
ID 23	The feasibility of conducting a cluster-randomised trial on patient-reported outcome measures in chiropractic care Holmes M (Southampton/UK)
ID 38	Consultations with complementary medicine practitioners and childhood vaccine uptake: is there cause for concern? Frawley J (Sydney/AU)
ID 50	Engaging in online training in mind-body practices has long-term benefits Kemper K (Blacklick/US)
ID 51	Training in integrative therapies increases self-efficacy in providing non-drug therapies and self-confidence in offering compassionate care Kemper K (Blacklick/US)
ID 62	Systematic review of adverse effects in homeopathy Stub T (Tromsø/NO)

ID 63	Physical and emotional release effects of neural therapy: a qualitative analysis of therapeutic mechanisms and health outcomes Haller H (Essen/DE)
ID 66	Therapeutic sensations show high similarity between different body-oriented therapies Beissner F (Hannover/DE)
ID 93	Sense of coherence and perception of the transcendent as contributors of Catholic priests' life satisfaction Büssing A (Witten/Herdecke/DE)
ID 95	Neural network underlying the recovery from disowned bodily states induced by rubber hand illusion Lee I (Tübingen/DE)
ID 106	Using a cluster-analytic approach to identify profiles and predictors of healthcare utilization typical users across conventional, allied and complementary medicine, and self-care Lauche R (Ultimo/AU)

12:00 - 13:00

Guided Poster Session

Research various topics 2 (Research XIII/2)

Chair: Pach D (Berlin/DE), Chin AL (São Paulo/BR)

ID 116	Health-related outcomes of the Feldenkrais method in children and adults: state of the art and future perspectives Ullmann G (Memphis/US)
ID 119	Iyengar yoga therapy: seventeen years of experience at a single yoga center Derk G (Urbana/US)
ID 121	Is the use of yoga and meditation associated with a healthy lifestyle? Results of a national cross-sectional survey of 28,695 Australian women Lauche R (Ultimo/AU)
ID 134	Health benefits of seated Tai Chi Ullmann G (Memphis/US)
ID 139	Herbal medicines use and healthy lifestyle: a national survey of young Australian women Peng W (Sydney/AU)
ID 143	Measuring complementary medicine in Australian conventional health-care education Diezel H (Brisbane, Sydney/AU)
ID 156	Health competence as key to longterm disease prevention Kroll L (Augsburg/DE)

ID 170	Oak bark tannins exhibit anti-allergic activity in basophils and mast cells in vitro Lorenz P (Bad Boll/ Eckwaelden/DE)
ID 175	Understanding decision making in complementary and Integrative Medicine - results of a qualitative study with patients in a University outpatient clinic Thabaut K (Berlin/DE)
ID 194	Preliminary findings from an evaluation of patient safety culture of chiropractors in three Canadian provinces Pohlman KA (Edmonton, Dallas/CA, US)
ID 200	Predicting characteristics of Korean female subjects with hands and feet coldness: Korea-based multi-center pilot registry Ko Y (Seoul/KR)
ID 208	Mapping the effects of practice Qì Gong Ba Duàn Jin in young adults health Pontes C (São Paulo/BR)

12:00 - 13:00

Guided Poster Session

Research various topics 3 (Research XIII/3)

Chair: Heinrich M (London/UK), Adam D (Berlin/DE)

ID 235	Attitudes and Knowledge on Herbal Medicine among the Koreans: a Cross-Sectional Survey Jang S (Seoul/KR)
ID 248	Effectiveness of mindfulness- and relaxation-based eHealth interventions for patients with medical conditions: A systematic review Mikolasek M (Zurich/CH)
ID 261	"spicing up warming compresses" - the influence of ginger on the perception of warmth and relaxation through warming compresses Gross MM (Berlin/DE)
ID 272	Characteristics of vegetarian and omnivorous yoga practitioners - a nationally representative survey of US adult yoga users Schuman D (Essen/DE)
ID 276	«Everyone with a chronic disease should be offered this program» - participants experience with an Integrative Medicine group program Alræk T (Tromsø/NO)
ID 293	Complementary medicine and lifestyles in Tuscany: a comparative study Baccetti S (Florence/IT)
ID 294	Patients, medical staff and complementary therapists' conceptions of Integrative Medicine: a systematic review Dubois J (Lausanne/CH)

ID 304	Scientific production on the efficacy of osteopathy: a bibliometric analysis from 1980 to 2015 Gaboury I (Sherbrooke/CA)
ID 306	Development of Monographs for Anthroposophic Medicinal Products, the example of Citrus/Cydonia Jong M (Driebergen/NL)
ID 312	Cobalamin (vitamin B12) functional status is not correctly assessed by common biomarkers being used: 2 case reports and a review of the literature Abanades S (Barcelona/ES)
ID 329	Assessing and Promoting the Use of Integrative Medicine in the Medically-Underserved and Uninsured Community of Anaheim through Crescent Clinic of Orange County Dicen D (Huntington Beach/US)
ID 372	SENeCA Study: observational Study on the Effect of medicinal Cannabis on quality of life and nutritional outcomes Gallo E (Florence/IT)
ID 381	Knowledge, Attitudes and Practices toward Traditional and Complementary Medicines among Nurses and Midwives in North Western Uganda Yayi A (Seoul/KR)

12:00 - 13:00

Guided Poster Session

Research various topics 4 (Research XIII/4)

Chair: Weidenhammer W (Munich/DE), Rotter G (Berlin/DE)

ID 404	Understanding facilitators and barriers to compassionate technology Evans R (Minneapolis/US)
ID 420	Ethanol exposure in children: food more relevant than phytomedicines Kelber O (Darmstadt/DE)
ID 422	Internal Coherence Scale - cross sectional study to investigate reliability and validity in a geriatric population Klaus A-K (Berlin/DE)
ID 434	Incense plants: the mystery behind the smoke Sugir S (Zurich/CH)
ID 463	Attitudes and knowledge towards interprofessionalism among naturopathic students Cooley K (Toronto, Sydney/CA, AU)
ID 514	Preliminary international survey on the image of Integrative Medicine Suzuki K (Tokyo/JP)

ID 516	The analysis of a satisfaction survey on the Korean Medicine Doctors' Visiting School Program(KMDVSP) - cohort study: middle & high school participator of Seong-Nam Sung HK (Incheon/KR)
ID 528	Traditional Chinese medicine health education on improving sub-health status: a systematic review Liang N (Beijing/CN)
ID 539	The adaptation for Italy of the questionnaire on autonomic regulation: an innovative tool for conventional and CAM health professionals and patients' self awareness. Preliminary results of a patients' self-administered version Portalupi E (Milan, Rom/IT)
ID 552	Retrospective study on the use of homeopathy in a public primary care setting Torres-Jimenez JI (Madrid/ES)
ID 553	Sample Size Calculations: perspectives from investigators of Chinese herbal medicine He L (Beijing/CN)
ID 554	Deficits in massage related adverse events case reporting and implications for the therapeutic massage and bodywork field: a systematic audit through mid-2016 Munk N (Indianapolis/US)
ID 555	Research in integrative pediatrics at a university children's hospital in Munich, Germany Kruse S (Munich/DE)

12:00 - 13:00	Guided Poster Session Clinical Care internal diseases/Trad. Healing systems 1 (Clinical Care III/1) Chair: Balneaves L (Toronto/CA), AlBedah A (Riyadh/SA)
ID 99	Treating irritable bowel syndrome - science meets art Huber R (Freiburg/DE)
ID 100	Yoga for chronic neck pain- a systematic review and meta-analysis Njoku FC (Irvine/US)
ID 125	Acupressure on the Sanyinjiao (SP6) versus synthetic oxytocin during labour Okumus F (Istanbul/TR)
ID 150	Bryophyllum pinnatum use in tocolysis in a conventional setting: a retrospective analysis from obstetric clinical practice Simões-Wüst AP (Zurich/CH)

ID 174	Efficacy and safety of Sa-am acupuncture on primary dysmenorrhea: study protocol for a randomized controlled trial Woo HL (Seoul/KR)
ID 177	Cinnamon supplementation in patients with polycystic ovary syndrome, a double blind randomized clinical trial Hajimonfarednejad M (Shiraz/IR)
ID 290	A topical formulation of bitter apple (<i>Citrullus colocynthis</i>) in painful diabetic neuropathy: a double-blind randomized placebo-controlled clinical trial Heydari M (Shiraz/IR)
ID 298	Successful treatment of chronic seborrheic dermatitis with topical <i>althaea officinalis</i> L. leaf: a case report Parvizi M (Shiraz/IR)

12:00 - 13:00

Guided Poster Session

Clinical Care internal diseases/Trad. Healing systems 2 (Clinical Care III/2)

Chair: Esch T (Witten/DE), Lee MS (Daejeon/KR)

ID 344	The impact of Integrative Medicine on the postoperative course of acute peritonitis Estrems MS (Barcelona/ES)
ID 346	Tetanus Case Report Estrems MS (Barcelona/ES)
ID 388	An investigation in the correlation between Ayurvedic body-constitution and food-taste preference Warner F (London/UK)
ID 405	Efficacy of adjuvant topical <i>Juniperus excelsa</i> versus cryotherapy alone in the treatment of cutaneous leishmaniasis: a double-blind randomized controlled clinical trial Parvizi M (Shiraz/IR)
ID 427	Evidence based medicine in functional gastrointestinal diseases: metaanalysis of clinical trials with STW 5 Müller J (Darmstadt/DE)
ID 498	Moxibustion as an adjuvant for benign prostatic hyperplasia with lower urinary tract symptoms: a parallel group, randomized, controlled pilot trial Bae G-E (Yangsan-si/KR)
ID 541	The effects of pre-period acupuncture with heat-tonifying manipulation in dysmenorrhea patient Wu Y (Chendu/CN)

ID 546	Type D personality, anxiety and depression - does the presence of type 2 diabetes mellitus make a difference in coronary and hypertensive patients? Dragan S (Timisoara/RO)
ID 550	Treatment of tinnitus by way photostimulation via visible/IR wavelength on acupuncture points Di Francesco A (Lecce/IT)

13:00 - 14:30
Saal II, Foyer

Lunch Break

14:30 - 16:00 Saal A-B	Symposium Evidence-based assessment of integrated care for pain Chair: Sundberg T, Falkenberg T (Stockholm/SE)
14:30 - 14:40	Evidence-based assessment of integrated care for pain - How do we best integrate different outcomes? Sundberg T (Stockholm/DE)
14:40 - 14:50	Perspectives on health economic research outcomes in Integrative Medicine for chronic pain Baars E (Leiden/NL)
14:50 - 15:00	Public health outcomes in researching Integrative Medicine for pain Steel A (Melbourne/AU)
15:00 - 15:10	Psychological outcomes in researching Integrative Medicine for pain Lauche R (Ultimo/AU)
15:10 - 15:20	Provider's and patient's experiences in integrative care for pain Andermo S (Huddinge/SE)
15:20 - 15:30	Outcome measures used in mind-body interventions for pain Cramer H (Essen/DE)
15:30 - 15:40	Integrative care for low back pain - results of a Harvard study Eisenberg D (Boston/US)
15:40 - 15:50	Existential genomics - a prospective clinical observational study Falkenberg T (Stockholm/SE)
15:50 - 16:00	Questions and wrap-up Sundberg T (Stockholm/DE)

14:30 - 16:00 Saal C	Oral Abstract Presentations Late breaker 2 Chair: Khalil M (Riyadh/SA), Stöckigt B (Berlin/DE)	
14:30 - 14:45	Unmet psychosocial and spiritual needs of mothers of sick new born or preterms Büssing A (Herdecke/DE)	ID 46
14:45 - 15:00	An Integrative Curcumin-Mesalamine therapy for remission induction in mild-moderate active ulcerative colitis: An International, Multi-Center, Randomized, Double-Blind, Placebo-Controlled Trial Salomon N (Tel Aviv/IL)	ID 456
15:00 - 15:15	The National Center for Integrative Primary Healthcare - Enhancing Interprofessional Integrative Health Education Kligler B (Brooklyn/US)	ID 476
15:15 - 15:30	Developing an integrative treatment program for cancer-related fatigue with stakeholder engagement Canella C (Zurich/CH)	ID 483
15:30 - 15:45	Double cupping versus single cupping in Chronic Low Back Pain (CLBP): Randomized Controlled Trial AlEidi S (Riyadh/SA)	ID 503
15:45 - 16:00	Use of neurofeedback and mindfulness to enhance response to hypnosis treatment in individuals with multiple sclerosis Jensen MP (Washington/US)	ID 558
14:30 - 16:00 Salon 1	Symposium Integrative Medicine in a German pediatric hospital Chair: Eckert M (Landshut/DE), Dobos G (Essen/DE)	
14:30 - 14:45	What is important for the implementation of Integrative Medicine in a german pediatric hospital setting? Dobos G (Essen/DE)	
14:45 - 15:00	Implementation of Integrative Medicine in a german pediatric hospital setting- concept and realization using the example of the Kinderkrankenhaus St. Marien, Landshut Eckert M (Landshut/DE)	
15:00 - 15:15	Implementation of Integrative Medicine in a german pediatric hospital setting- integration of foot reflexology as one pillar of an integrative treatment approach for hospitalized children Reisenberger B (Essen/DE)	
15:15 - 15:30	Implementation of Integrative Medicine in a german pediatric hospital setting- clinical realization of complementary and alternative treatment approaches Schönauer A (Landshut/DE)	

15:30 - 15:45	Implementation of Integrative Medicine in a german pediatric hospital setting- clinical realization of complementary and alternative treatment approaches Amarell C (Landshut/DE)
15:45 - 16:00	Qualitative and quantitative Data on needs and knowledge of integrative Pediatrics Anheyer D (Essen/DE)

14:30 - 16:00 Salon 2	Symposium From communication to integration - consultations about complementary medicine in cancer care Chair: Ortiz M (Berlin/DE), Horneber M (Nuremberg/DE)
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14:30 - 14:35	Introduction Ortiz M (Berlin/DE)
14:35 - 14:50	Doctor-patient communication in oncology from the patient´s perspective Kirton S (Heringsdorf/DE)
14:50 - 15:05	A physician-led consultation service about complementary and alternative medicine in cancer - results from a collaborative research project Horneber M (Nuremberg/DE)
15:05 - 15:20	Providing profound information about integrative oncology - the Cam-Cancer project Wider B (Exeter/UK)
15:20 - 15:35	Integrative oncology in practice - options and challenges in German institutions Voiß P (Essen/DE), Ortiz M (Berlin/DE)
15:35 - 15:50	Developing an integrative oncology service- lessons from two locations Frenkel M
15:50 - 16:00	Discussion

14:30 - 16:00 Salon 3	Symposium Hospital of the future - role of the arts Chair: Willich SN (Berlin/DE), Weeks J (Seattle/US)
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14:30 - 14:45	Bojner Horwitz E (Stockholm/SE)
14:45 - 15:00	Fattorini I (London/UK)
15:00 - 15:15	Hanser S (Boston/US)
15:15 - 15:30	Rollins J (Washington, DC/US)
15:30 - 16:00	Discussion

14:30 - 16:00 Salon 4	Oral Abstract Presentations Traditional Healing Systems Chair: Willcox M (Oxford/UK), AlBedah A (Riyadh/SA)	
14:30 - 14:45	Kukulu Ola Hou. Reconstructing the Native Hawaiian Medical Inventory based on Traditional and Contemporary Kanaka 'O'iwi Perceptions of Illness and Disease Fox K (Honolulu/US)	ID 36
14:45 - 15:00	Analysis on Clinical Symptom Regularity and Medication Rules of Herbal Prescriptions for Pneumonia in Preschool Children Treated by Traditional Chinese Medicine Based on Apriori and Clustering Algorithm Bai C (Beijing/CN)	ID 112
15:00 - 15:15	Assessment of the impact of traditional Persian medicine life-style recommendations in the treatment of chronic constipation, a randomized controlled clinical trial Emami Alorizi SM (Shiraz/IR)	ID 215
15:15 - 15:30	Traditional Persian herbal remedies for Asthma Atarzadeh F (Shiraz/IR)	ID 221
15:30 - 15:45	Europe-wide pilot field testing the Traditional Medicine (TM) Chapter of the ICD-11 Hughes J (London/UK)	ID 399
15:45 - 16:00	Energy healing for cancer patients. Does their perception of cancer change? Agdal R (Bergen/NO)	ID 411
14:30 - 16:00 Salon 5	Workshop How to develop Clinical Practice Guidelines for Integrative Medicine: assessing the quality of the evidence used to inform a recommendation Chair: Zhang YM (Santa Monica, Hamilton/US,CA), Wieland LS (Baltimore/US)	
14:30 - 15:00	Introduction to the GRADE approach: We will describe why it is important to evaluate the quality of the evidence in the context of Integrative Medicine Cochrane systematic reviews, the relevance of the GRADE approach to clinicians, researchers and policy makers, GRADE's objectives, and the domains that are used to assess the quality of the evidence. Wieland LS (Baltimore/US), Riva J (Hamilton/CA)	

15:00 - 16:00	<p>Real example of assessing the quality of evidence for a Cochrane review and a hands-on component.</p> <p>We will provide an example based on a systematic review of a topic of interest in Integrative Medicine. The participants will work in small groups, applying the concepts presented in the learning section to this evidence.</p> <p>Participants will obtain the skills of assess the quality of evidence for Intergrative Medicine Cochrane systematic reviews. They will also be able to master one of the crucial steps in developing evidence-based CPGs to make evidence-based Intergrative Medicine related recommendations.</p> <p>Zhang YM (Santa Monica, Hamilton/US,CA), Wieland LS (Baltimore/US), Riva J (Hamilton/CA)</p>
14:30 - 16:00 Salon 6	<p>Workshop</p> <p>Concepts of TCM education in China and Europe.</p> <p>What can we learn from each other?</p> <p>Chair: Schröder S (Hamburg/DE), Liu P (Shanghai/CN), Hahn EG (Erlangen/DE)</p>
14:30 - 14:35	<p>Welcome address</p> <p>Liu P (Shanghai/CN)</p>
14:35 - 14:45	<p>TCM education in Germany. Implication of the current status</p> <p>Meyer-Hamme G (Hamburg/DE)</p>
14:45 - 14:55	<p>Clinical research of Traditional Chinese medicine and it´s impact on education</p> <p>Zhao A (Shanghai/CN)</p>
14:55 - 15:05	<p>Influence of educational background on clinical approaches in China and Europe</p> <p>- differences and common features</p> <p>Mao X (Hamburg/DE)</p>
15:05 - 15:15	<p>Panel discussion: Basics of TCM education.</p> <p>How much TCM theory and how much Western medicine is mandatory?</p>
15:15 - 15:25	<p>Standards of Traditional Chinese Medicine education and core curriculum</p> <p>Han C (Shanghai/CN)</p>
15:25 - 15:35	<p>Clinical Education of Master and Doctor Students in Traditional Chinese Medicine at Longhua Hospiat, Teaching Hospital of Shanghai University of TCM</p> <p>Liu P (Shanghai/CN)</p>
15:35 - 15:45	<p>What is missing in TCM education in Europe and in China?</p> <p>Schröder S (Hamburg/DE)</p>

15:45 - 15:55	Panel discussion: Academical TCM education in Europe and China. Independent developments or cooperative approaches?
15:55 - 16:00	Closing remarks Schröder S (Hamburg/DE)

14:30 - 16:00
Salon 7

Students/Young Doctors

Integrative Medicine: an open dialogue with experts

Chair: Bandelin L, Lang A-L (Berlin/DE)

This workshop will provide a space for conversation between students, young doctors, practitioners, and experts in the field of Integrative Medicine. This meeting will be casual in nature, where general questions that represent the diverse perspective may be asked to explore issues related to pursuing a career in Integrative Medicine. This session is for people who may ponder: What does Integrative Medicine mean to me? What does a holistic approach to patient care mean? Where do I see myself in the medical health system of the future? How will I get there? What Integrative Medicine resources are available to me to inform and improve medical practice? Hearing perspective from experts in various fields of Integrative Medicine whose work ranges from research to patient care, inpatient to outpatient practice, and public to private practice will help the attendee of this session have a better understanding of how to navigate their journey in Integrative Medicine.

Presenters confirmed:

Rotter G (Berlin/DE), Osteopathy, Stange R (Berlin/DE), Naturopathic medicine, Teut M (Berlin/DE), Homeopathy

Speakers invited:

Brinkhaus B (Berlin/DE), TCM, Kessler C (Berlin/DE), Ayurveda
Von Scheidt C (Berlin/DE), Mind Body Medicine, Girke M (Berlin/DE), Anthroposophic medicine

14:30 - 16:00 Dorotheensaal	<p>Symposium</p> <p>Integration of traditional and complementary medicine (T&CM) in health systems</p> <p>AYUSH</p>
Background	<p>Across the world, traditional and complementary medicine (T&CM) is either the mainstay of health care delivery or serves as a complement to it. T&CM is found in almost every country in the world and the demand for its services is increasing. TM, of proven quality, safety, and efficacy, contributes to the goal of ensuring that all people have access to care. Many countries now recognize the urgent need to develop a cohesive and integrative approach to health care that allows governments, health care practitioners and, most importantly, those who use health care services, to access T&CM in a safe, respectful, cost-efficient and effective manner.</p>
Objectives	<p>The symposium will highlight AYUSH as a role model for integration of traditional and complementary medicine (T&CM). It will explore the role of T&CM to achieve universal health coverage. Special attention will be put on T&CM's underlying approaches, such as primary health care, its people-centeredness and its focus on prevention, primary health care and health promotion.</p>
Speakers Ayush:	<p>Mr. Daniel Richards, Director, Ministry of AYUSH - Ayurveda, Yoga, Naturopathy, Unani, Siddha, Homoeopathy</p> <p>Dr R. Govind Reddy, Research Officer (Scientist-III) - In charge R.R.A. Podar Central Ayurveda Research Institute, for Cancer, Central Council for Research in Ayurvedic Sciences, Ministry of AYUSH, New Delhi</p> <p>Dr Suniti Chugh, Research Officer (Homoeopathy), Ministry of AYUSH</p>
Speakers in discussion:	<p>Dr Qi Zhang, Director, WHO, Traditional Medicine</p> <p>Dr. Ton Nicolai, EuroCAM, Brussels; coordinator and spokesman</p> <p>Mr. Werner Peter Luedemann, The Geneva Working-Group Ethics in Health Care</p>

16:00 - 16:30 Coffee Break and Exhibition
Saal II, Foyer

16:30 - 18:00 Plenary Session
Main auditorium **Plenary session V: Education**
Chair: Haramati A (Washington, DC/US), Willich SN (Berlin/DE)

16:30 - 17:00 Addressing chronic stress and burnout in health professionals: the educational imperative for incorporating mindfulness for self-care
Haramati A (Washington, DC/US)

17:00 - 17:30 Nutrition and lifestyle education in an era of obesity and Diabetes - might "Teaching Kitchens" serve as catalysts of personal and societal transformation?
Eisenberg D (Boston, MA/US)

17:30-17:45 Discussion

17:45 - 17:55 WCIMH 2017 Poster Award
Barth J (Zurich/CH), Pach D (Berlin/DE)

17:55 -18:00 Closing remarks
Willich SN (Berlin/DE)

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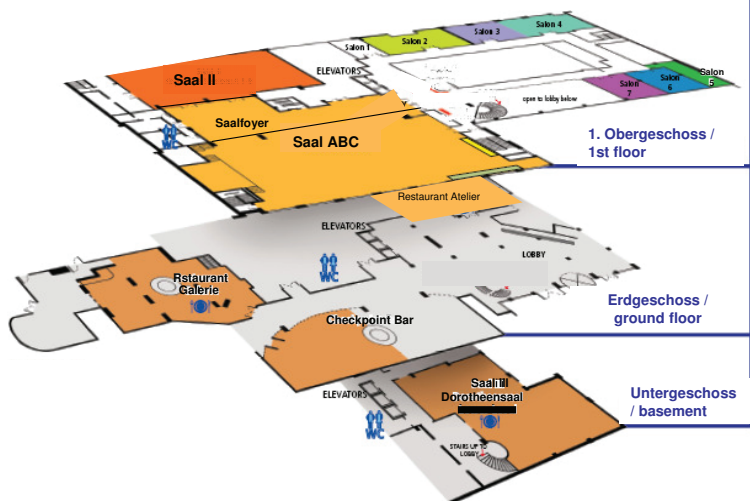
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Basement	Dorotheensaal Industry Exhibition
Ground floor	Restaurant Galerie and Atelier Checkpoint Bar
1. floor	Saal ABC Saalfoyer Saal II Salon 1 - 7

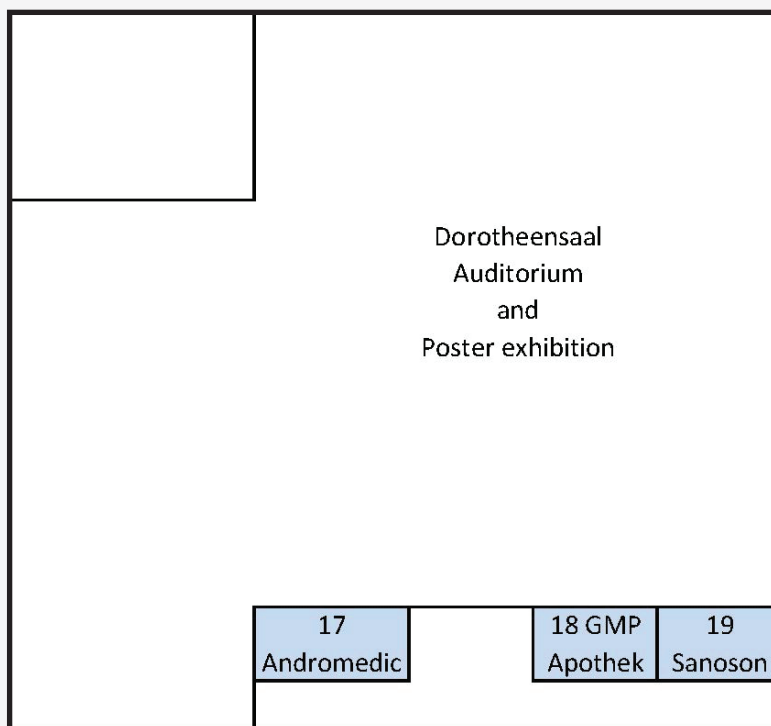
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Conference Rooms



Konferenztage 1. Etage / Conference floor 1

Poster/Industry Exhibition basement



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Wednesday May 3, 2017	08:00 - 19:00
Thursday May 4, 2017	08:00 - 18:30
Friday May 5, 2017	08:00 - 18:00

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